

Lancer Life Chillin' at the Chalkwalk



Lancer Life

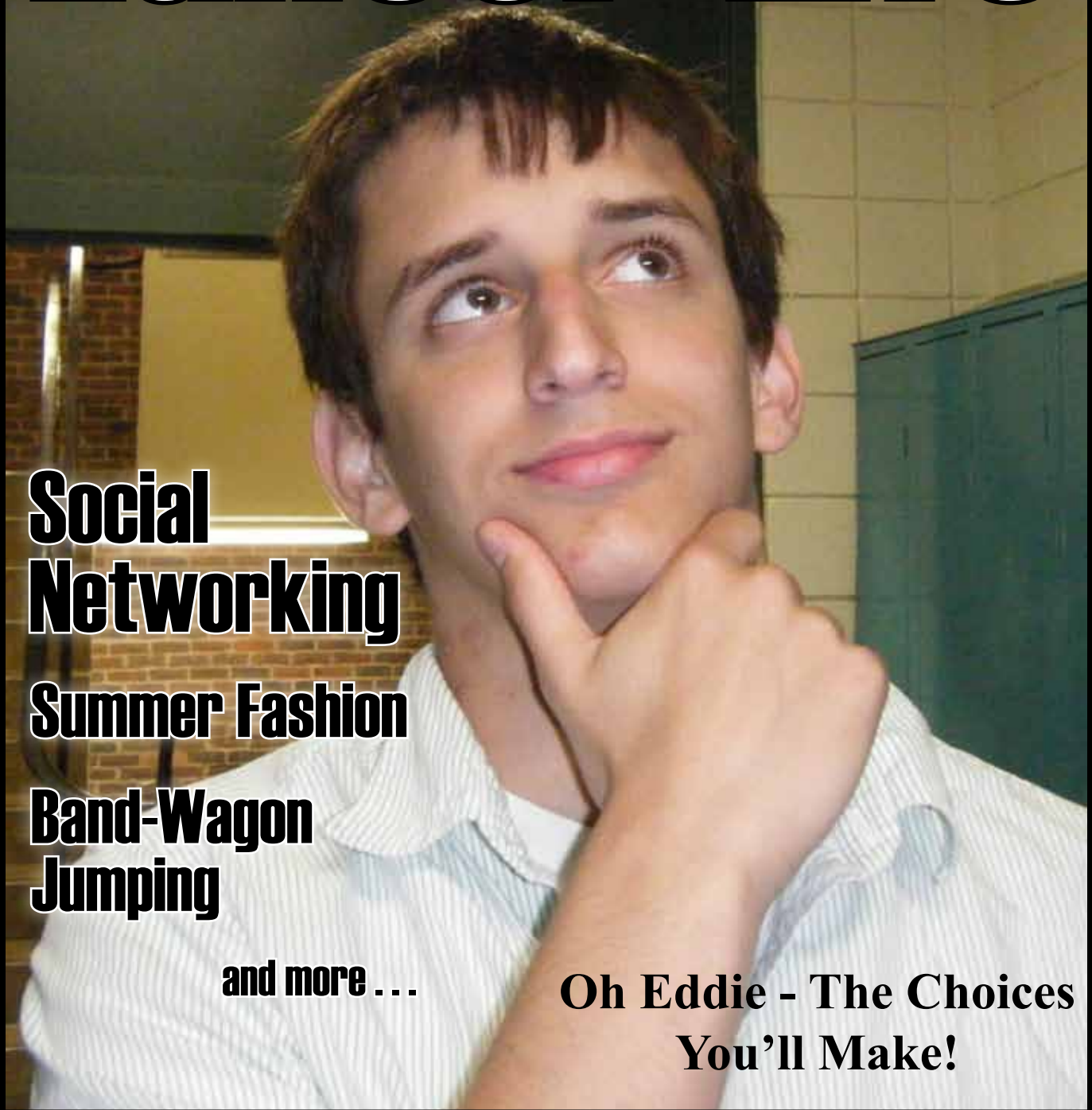
**Social
Networking**

Summer Fashion

**Band-Wagon
Jumping**

and more ...

**Oh Eddie - The Choices
You'll Make!**



Welcome to **Lancer Life** Magazine



Leah Kaphingst

**Addiction to Social
Networking**

Teen Jobs



Courtney Corbetta

Summer Fashion

How to Stay Fit



Rogan Tuck

Bandwagons

Summer Activities



Lancer Life Magazine is brought to you through the efforts of the Lewiston Porter High School Journalism II class as a means to showcase student understanding of Journalism and print production procedures. **Lancer Life Magazine** is produced in class, using Adobe InDesign 2.0 -4.0, as well as Adobe Photoshop CS4. For additional PDF copies of this magazine, contact Mr. Forney at forneyn@lew-port.com.

Social Networking

Let's face it, writing a letter, putting a stamp on it, and sending it through the mail is ancient history. And we all know that sending an e-mail is a thing of the past as well. Whether you own a big business and need to get your information out in a fast, easy way, or simply want to connect with friends, social networking sites are the way to go.

Over the past five years or so social networking sites have grown enormously. Many started out as a pastime or hobby; something to do when there was nothing good on TV, or when you just wanted to procrastinate. At first there was only one dominant social network, which was MySpace. For the most part it was being used by college students and young adults who wanted to keep in touch with old high school buddies. Eventually it began to grow. The new website began attracting users who were still attending high school and even middle school.

Before you knew it, babies younger than 2 years of age, who clearly had no free will, had MySpace pages. With such a productive idea, why shouldn't more people want to create their own social

networking page? Presently in 2010 there are over 200 social networking sites with purposes ranging from simply blogging and sharing ideas to finding people who enjoy knitting and crocheting as much as you do! That's right, I said crocheting. Between Facebook, MySpace, Blogger, Twitter, My Year Book, My Life, My Church, My Opera and more, how do you know which one to choose? Which one is safe and reliable, and do you even need or want a social network? Let's be honest, the real question you need to

ask yourself before creating a page of your own is do you want to be a part of the addiction?

Facebook alone has 350 million accounts just in the United States. That's 85% of social network users. Previous surveys have shown that out of those 350 million people, 35 million update their "status" each day. A status is a space on your profile where you can tell the entire world where you are and what you are doing at that very moment (because the entire world would like to know). Another fact I found interesting is that the rather new social networking site called Twitter has 75 million accounts already. This means that there are 75 million people twittering and tweeting each and every day. For those of you who do not know what a tweet is, it is similar to a post.

A tweet also allows you to post your whereabouts at any given time. The only difference between a tweet on Twitter and a post on Facebook is that once a person writes a tweet, the information gets sent out to all of that person's friends, a.k.a. "followers". Why anybody would want to be followed by hundreds of

people is beyond my knowledge, but what concerns me even more is that so many people are doing the following. If reading about someone else's life becomes more interesting to me than living my own life, then God help me.

Now don't get me wrong, having a social networking site can be lots of fun, especially when you feel like seeing what other people are up to, or in high school terminology, when you feel like "creeping". Social networks

have their pros and cons, and I too am part of the Facebook addiction. But that's just my point: it's an addiction. And you never really know if you are talking to a 17 year old girl named Sally who lives in Boston, or if 17 year old Sally really is 60 year old Simon from West Virginia. Too many people give in to the website and feel invincible. Too many people treat social networks as a game. They are not death traps for the naive teenage girl, but they are also not something to be careless about. When creating a social page for yourself, you must take into consideration the good and the bad about what you are getting yourself into.

Social networking sites are a nice alternative to watching television or sitting around being bored. A site allows you to keep in contact with old friends who may have moved away, or friends who you still talk to on a daily basis. For instance, say you want to find an old friend from college, but you don't know where they are living or what their telephone number is. You can simply type in their first and last name into the friend search box and Facebook will find them for you. Now, what if you forgot their name, or maybe you are spelling it wrong? That's not a problem, the alternative option is that you type in the college they went to and the social networking site you are using will look for them. Many sites also provide a person with the ability to get information out to a large group of

Continued on page 8



3 Summer Fashion

Living in Western New York every high school student knows how cold the weather can get. But summer is right around the corner and the bitter snow from the winter has, luckily for us, melted away. With the change of the season comes a change of clothes, and I'm talking about the new fashion that summer has to offer. From teenage guys to girls, it doesn't matter; there are a ton of new summer styles to choose from. This year's summer is arriving with flying colors and there is no way you'll miss the hot new trends it is about to bring.

For the girls of Lewiston Porter, all the clothes this summer are new from shoes to jewelry, prints and more. You'll even be surprised what retro styles are crawling out from the back of your mother's closet. This summer you can't go without a pair of trendy new shades. Two-tone sunglasses are definitely in, along with an

over the shoulder hipster or boho clutch that will make any outfit.

When it comes to jewelry, it's all about something that makes a statement. Clear jewelry is popular this summer, along with bold studs and fringed metal necklaces. Something you cannot go without is denim accessories. Whether it's a jacket or purse, denim can match any summer attire.

This season, don't worry about

matching perfectly. It's all about mix and matching patterns. A striped skirt could go with a polka dot top as long as they are similar in color. A floral print can add a girly flavor to any outfit along with a cute new pair of shoes. Grecian sandals, are a **must have** whenever hitting the beach or the boardwalk. After a long day in the sun, every girl should have a go-to outfit. This summer don't be surprised if you see girls wearing pleated cropped pants, a boyfriend jacket, and to top it off a cute pair of oxfords. This preppy but relaxed look is becoming very popular.

Many will be surprised to hear that fashion trends from the 80's are making a great comeback. The off the shoulder look is back along with neon sunglasses and jumpers. Trust me, "Girls just wanna have fun", and the 80's are here to stay.

During the summer months every girl must own a pair of shorts. This season, be casual, and don't be afraid to roll the cuff of the shorts. It's ok to be daring but we are not trying to imitate Daisy Duke, I'm afraid she's the only one who can pull that off. Unlike Daisy, be classy, and try an embellished mini with nude heels. You don't have to try too hard to look cute.

For the guys of Lewiston Porter, this summer's all about being casual. A polo from Rene Lacoste can go with any outfit. Don't be shy; spice it up a bit

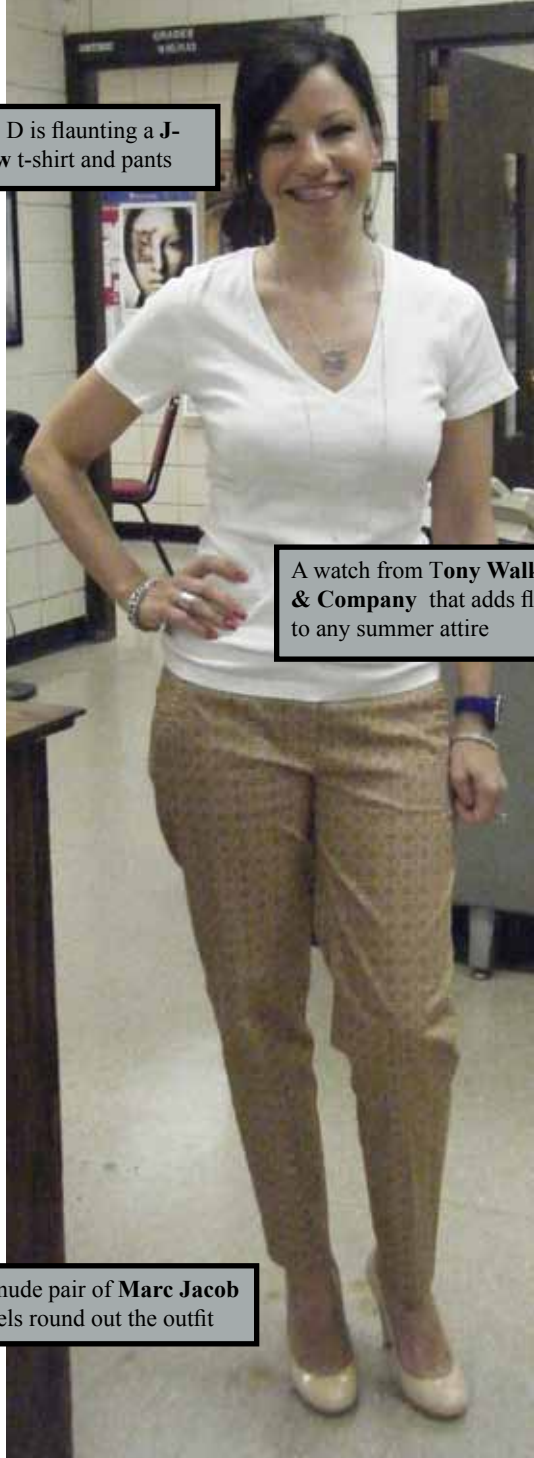
Continued on page 8

Mrs. Difincenzo:
Fashion Icon of Lewiston Porter High School

Mrs. D is flaunting a J-Crew t-shirt and pants

A watch from **Tony Walker & Company** that adds flavor to any summer attire

A nude pair of **Marc Jacob** heels round out the outfit



“Fashion trends from the 80’s are making a comeback . . .”

Band Wagon Jumping

It's playoff time here in the Buffalo area, and you know what that means - all aboard the bandwagon! It seems that at the beginning of the NHL playoffs, so called "Sabres fans" start appearing as if they've lived the entire season under a rock. By the postseason, if the Sabres make the playoffs, they emerge from their rocks and crevices donning Sabres hats, jerseys, and other paraphernalia

obnoxiously shouting, "Let's go Buffalo!"

But if the Sabres don't do well they remain hidden until the next postseason.

This behavior is called the bandwagon effect, where fans have no problem being fans when their favorite team is doing well, but if not they are nowhere to be found. This behavior has always puzzled me, a loyal Toronto Maple Leafs fan who sticks around through thick and thin. And trust me: the Leafs aren't winning a cup anytime soon. This led me to ask the question, why do people do it? I've done some research and actually found a much greater answer than I expected.

First off I found that a fan base for any team can be broken down into two groups: the loyal fans and the fair-weather fans. Loyal fans are the die-hards that stick around with their favorite team no matter how the team performs. Fair-weather fans on the other hand are affected by a team's performance and can switch their loyalty to another team if their current team isn't performing to their expectations. For example, loyal fans are fans of a team

whether they make the playoffs or not. Conversely, if a fair-weather fan's favorite team misses the playoffs they are no longer a fan of that team and switch support to a team that is doing better. However, if their favorite team is doing well they are and always were a fan. But this still doesn't answer the question: why do people do it?

Though there are many reasons that people become fair-weather or bandwagon fans it is mostly due to the following reasons: entertainment value, fan bonding, and group affiliation. Now let's talk about the first factor: entertainment value.

This means that fans are loyal because of the entertainment involved in watching a sports team compete. This makes a lot of sense; if you don't find any enjoyment in watching a sport, then why are you watching it? This can be seen in different types of sports. You don't see a stadium packed with rowdy fans cheering on their favorite curling team, yet each year millions of Americans watch the Super Bowl. So relating to the fair-weather fan, who is only a fan when the team does well, there is more entertainment value in a team's games when they do well, so the fan sticks around.

The last two factors are very similar: they are fan bonding and group affiliation. This relates to the psychological phenomena called herd behavior, which basically means that it's human instinct to feel better and more secure when in a group. Under these circumstances, fans will blindly follow the actions of the group without realizing the consequences (this behavior can also be seen in the stock market and rioting). So bandwagons can be attributed to a human being's natural instinct to stick with the crowd. When other people are wearing team paraphernalia and watching the home town team, some people join in on the excitement to be a part of a group (that little voice inside your head helps too).

So as you can see, there are many reasons for bandwagons and the people that jump on them. You can't blame them; it's literally in their DNA. But sometimes it's a good thing to separate from the crowd and break the mold. Sometimes being a black sheep, or a blue and white sheep in my case, isn't bad if it's for something you like and believe in. So if you find enjoyment in being with the crowd, or separated from it, do it and don't let anyone else tell you otherwise.



5 Staying Fit

Every teenager wants to look good while hanging out at the beach. But at times it almost seems impossible to get that tight, fit body that all the celebs are flaunting. Many would be surprised to hear that it is very simple to get this certain “look”. It only takes three words: diet, exercise, and determination and you are on your way to that hot, summer body that you have always longed for.

With a little searching, you can find many ways to stay fit in the area. If you want to be a part of a program the Niagara Health and Fitness Gym, located in Lewiston on Cayuga Street, offers a number of classes. You can take Yoga, Pilates, or even take part in their famous Boot Camp Class. According to Niagara Health and Fitness, boot camp is designed to develop your cardiovascular strength and increase your endurance.

Unfortunately, not everyone has the money to pay for a gym membership, but that doesn't mean you can't still work out. There are tons of trails to



hike in Lewiston or even along the Niagara Gorge. Within a ten minute car ride you can go to Clifton Hill, Canada. There you can walk and shop all day. How can you go wrong?

If you really don't feel like traveling, there are tons of ways to exercise at home. Upload a few new songs on your iPod and take a jog around the block, or plan a get together and play some sports with some friends. In an 18 hole game of disc golf you can lose up to 920 calories, and that's just throwing around a Frisbee. After a few games with your friends take a dip in the pool and cool down for a bit. You can lose from 450 – 950 calories just by playing a few games of Marco Polo. It's a win win situation; cool off from a hot day in the sun and still burn some calories. It can't get any better than that.

Dieting is a word that most teenagers do not want to hear. It is the equivalent to cutting out all junk foods and chocolate; but this summer dieting can be much different. You don't have to give up all of your favorite fatty foods in order to stay fit, just watch what you eat and be aware of the carbs you take in. While tanning on the beach eat some watermelon in order to refresh your taste buds. Eating cantaloupe, along with many other fruits and vegetables, is a great way to stay healthy. When packing to go on a picnic, choose wheat instead of white bread for your peanut butter and jelly. Small choices such as these will truly improve your fitness.

If you want something small to eat, snack on some almonds; they can provide your body with a high amount of protein. Trail mix is also a great choice for a summer snack. The nuts in trail mix are highly



nutritious; they are full of healthy fats, are high in fiber, and contain the vitamins and minerals that your body needs. Throughout the summer

“Upload a few new songs on your iPod and take a jog around the block...”

months it is almost impossible not to eat ice cream. This year you can still enjoy your chilly treat while dieting. Instead of having a large hot fudge sundae, try some frozen yogurt. It's delicious and nutritious. But when it comes down to it just remember: water, water, and more water. Skip the pop and focus on one of your body's primary needs.

This summer don't fall back into your old unhealthy habits. In your spare time do a little jogging or eat a piece of fruit. The more you do these things the more you will improve your body for the hot summer months.

Summer Activities



Photo courtesy of Artpark

It's almost summertime once again and that means bountiful picnics, barbeques, pool parties, and other fun summer activities to take part in. When school is over there are a lot of possible things to do, but it's not always easy thinking them up on the spot. Here are a few suggestions of things to do over the summer when you think there is nothing to do.

It's obvious that not everyone can go on a vacation this summer, even though we all would like to, but there are still fun things to do around here. For example the Tuesday in the Park free concert series is a great way to have fun on Tuesday nights. The schedule for Tuesday in the Park has already been released with concerts scheduled every Tuesday, from June 15th to August 31st. The bands scheduled to play include: The Guess Who, The Machine, America, Creedence Clearwater Revisited, and many more. These free concerts offer a great way to enjoy the company of friends and family and listen to good music. Even if you can't make it to Artpark this summer, there is also a free concert series in Buffalo called Thursday in the Square.

This is another free concert series held in Lafayette Square on Thursdays from 5:00 to 9:00 p.m. Even though it's pretty far away from us it offers a fun activity to do over the summer.

During the summer you and friends or family can go to amazing local restaurants to have a good time as well. There are many good places to eat around here and most of them are relatively cheap. Restaurants such as The Silo, The Brickyard, and The Brio can all be found in the village of Lewiston and offer great food that you can enjoy with friends and family. If you're feeling more adventurous you could go to famous local restaurants that are a little bit farther away. World famous chicken wing spots such as the Anchor Bar, in Buffalo, and Duff's, found in many locations including Cheektowaga, offer delicious chicken wings that are a local delicacy. These are some of my favorites even though there are many more to choose from. In an

area as culture-rich as ours there's something for everyone.

Another one of my favorite things to do over the summer is take a trip to Darien Lake theme park. Although it's a pretty long drive to Darien Lake, it's a great way to spend a day or a weekend. The roller coasters, rides, shows, and water park are more than enough to keep you occupied for a couple of days. If Darien Lake is a bit too far for you, you could also go to Fantasy Island, located on Grand Island. It's smaller than Darien Lake, and offers less, but it is closer and still a fun way to spend the day.

So, there are my summer time suggestions, hope they helped. When you're sitting at home, bored with nothing to do, remember that there really is always something to do here, even if it's just hanging out with friends and family.

7 Teen Jobs

There comes a point in everyone's life when their parents stop buying things for them. Usually, this is around the age of sixteen. However this does not mean that teenagers stop needing things; it's just the contrary actually. Teenage girls need new clothes every week to keep up with styles, not to mention new accessories such as shoes, jewelry, wallets, and purses. Boys, on the other hand, are always in need of food and gasoline. So what's a teenager to do, go broke? Well, not exactly.

Most teenagers opt to apply for a job. Who wants to hire a lazy sixteen year-old with bad availability you ask? You would be surprised how many businesses need the labor.

Everyone knows about the low paying, unpleasant jobs that await teenagers. These are jobs like busing tables, washing dishes or collecting carts from the local grocery store parking lot. It's not that you should not apply for these jobs - they pay at least minimum wage and allow you to fill your tank with gas every once in a while. However, when applying for a job you must consider the consequences. I know many teenagers who work as dishwashers or bus tables in restaurants. They work after school and on weekends. As if school and sports weren't enough, they have to sit through at least six hours of work a day. Then when the weekend comes around they don't go to the movies like many other young people, rather they go to work so they can afford to do some fun activities every once in a while. Some people do not get out of their work place until midnight or later. There are laws against this, but if you apply for a job at a restaurant and then kindly

ask your manager to leave at eleven p.m. he will probably laugh at you. Working at a grocery store is not all that bad if you enjoy going back and forth around the parking lot collecting stray carts that customers so kindly left there just to keep you busy. And there are other options; you can work as a cashier like many teenagers choose to do, if you enjoy hearing the constant beeping of food items being scanned.

What other options are there you ask? Well I just so happen to know



from experience that stores in malls will hire just about anyone if they seem normal enough and are willing to work for low pay. Especially outlet malls. These stores are constantly hiring and firing, gaining employees and losing employees. There is constant employee turnover because people do not realize that, although you aren't working in a restaurant with the dirty dishes, the job isn't necessarily easy or fun.

Working in retail is like folding

someone else's laundry all day long. What's worse is that once you have just finished folding those jeans and you set them down looking all pretty and nice, a customer grabs them, unfolds them and then decides they are ugly and throws them back at you. They go through the entire store like this, dismantling piles of clothes and tearing things off the hangers as if they will get put away again by magic. If this doesn't turn you away from retail then the screaming children, unruly crowds, and stubborn customers sure will. After about a month of working in a mall, most people have had enough and will quit, at which point the manager is in a rush to find a new teenager desperate for money.

The only jobs I can think of that might be half way descent for teenage girls and boys are life guarding or mowing lawns. As a life guard you get to sit in the sun and tan all summer long, however the burden of watching over other people's lives is your responsibility. Also this can be a seasonal job unless you work at an indoor pool, in which case you lose the advantage of tanning. For boys I can't imagine anything better than mowing lawns. If you work for a company that mows lawns then you get to use a rider-mower and simply zip around yards in fifteen minutes while also tanning with your shirt off. If you are simply mowing your neighbor's lawn for a few extra bucks and do not have a rider-mower, well, then think of it as great exercise without the pricey gym membership.

It is true; teenagers face discrimination in the work force and are not provided with as many job opportunities as adults. But hey, that's why we work through high school: so we can afford college and prepare for the job later in life that we will actually enjoy. As for me, I can live with the picky customers or the dirty dishes as long as it gets me the necessary things to make it through high school.

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Social Networking

Continued from page 2

people more quickly. If you want to tell all your friends and family about a birthday party you are going to have, you don't need to type out every single invitation. You simply write out the information in one post and everyone will know about your party. Or what if you need information fast? Let's say you lost your cell phone. You could call all of your friends and ask them to help you look for it; that is, if you have all their phone numbers memorized. Or you could simply put that information in one message and send it out to whomever you choose. Posts and messaging are not just for getting information out, they are also for sharing little bits of information about your day to your friends if you so choose. Someone might say "ugh just had the worst day at school, going to bed now!" simply because they feel like letting the world know not to bother them. On the other

hand someone might post "going to the movies at nine then sleeping over Alex's house." This is where it gets tricky. You must take into consideration what is an appropriate post and what is an inappropriate post. This is where the negative side of social networking shows its face.

Many new users to social networking sites do not know how to protect their personal information. When you signing up for a site, it will ask you for your full name, your e-mail address, and your birth date. It may also have a spot on your profile to fill in your cell phone number, where you go to school, and who you are related to. When filling all of this information out, one must take into consideration who will be reading it. One must also consider what a person might do with such personal information. Do you really want everyone to know where you go to school, who your friends

are, and how old you are? This is where privacy settings come into play. Every social networking site has privacy settings that you can choose to set high or low. Too many people do not even touch their privacy settings, and they feel immune to the dangers of being online.

Social networking sites were intended to be a fun and easy way to connect with friends, and if used appropriately they can do just that. However when creating a site, you should know what you are getting yourself into. You must worry about keeping your life private, making sure not to post statements that are too specific, and most importantly you should prepare yourself for the addictive program you are getting involved in. Because social networks are just that, they are truly an addiction.

Summer Fashion

Continued from page 3

with a striped or bright colored shirt. On those chilly summer nights, throw on a pair of premium denim jeans and casual belt. High top sneakers are a plus to your wardrobe along with colored watches. The watches range in all different colors from brown to bright orange and with their plastic time pieces, they'll grab everyone's attention. When wanting to look a little more professional, slim fit suits are a great bonus. You can find them at your local Calvin Klein for a reasonable price. To go with the suit every guy needs a bold necktie;

add some flavor to the look. Be spontaneous and don't settle for anything less.

As we all know summer is almost here and so are its latest fashion trends. When it comes to wearing clothes, you don't have

to follow the rules. Everyone has their own style so don't be afraid to be different. Hey, maybe you'll even start your own fashion trend.

**Interested in what you see? If so,
rush down to Guidance and sign up
for Journalism or Journalism II -
you'll be glad you did!**