Quarantine

If your child has been a close contact of someone who has tested positive for COVID 19 and is not fully vaccinated you should follow the following CDC guidelines:

- Stay home for 10 days after your last contact with a person who has COVID-19.
- Watch for fever (100.4∘F), cough, shortness of breath, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting, or Diarrhea
- If possible, stay away from people you live with, especially people who are at higher risk for getting very sick from COVID-19.
- If your child begins to exhibit symptoms of COVID-19 you should call their physician and have them tested.

After quarantine

- Watch for symptoms until 10 days after exposure.
- If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.

Who determines the length of the quarantine

The Niagara County Department of Health will make the final decisions about how long quarantine should last, based on local conditions and needs.

People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have <u>symptoms</u>. However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 10 days following exposure or until their test result is negative.