

Lew-Port Wrestling Club

consists of community children, parent support, and volunteers.

This wrestling club welcomes new and returning wrestlers in

Grades 1st – 8th

Wrestling builds character, discipline, and teaches the individual to set and achieve goals in life.

BEING CHALLENGED IN LIFE IS
INEVITABLE. BEING DEFEATED
IS OPTIONAL



LPWC

The Legacy Begins

Lew-Port Wrestling Club

Goals:

- Educate our youth and community about the sport of amateur wrestling.
- Teach wrestling fundamentals that will instill self-discipline, dedication, sportsmanship and self-esteem.
- Strive to make the program enjoyable for wrestlers, parents and coaches
- Maintain a competitive philosophy of hard work that is required to compete in this historic sport

Once you've wrestled,
everything else in life is easy.

-Dan Gable



The Legacy Begins

Lew-Port Wrestling Club

LPWC

LPWC

Created to teach youth wrestlers the skills they need to succeed at every level of wrestling and in life.

Sign Ups:

Are all online

Go to the Website

www.familyid.com/programs/lew-port-wrestling-club

Register for Session

The Legacy Begins

LPWC Commissioner

- * Jonathan Hoover (Head Varsity Wrestling Coach)

LPWC Coaching Staff

- * Shawn Wilkesmore (Head coach)
- * Bashar Srouji (Assistant)

LPWC Advisory Committee

- * Bill Edwards (Varsity Assistant)
- * Jason Kromer
- * David Hockenberry
- * Dan Reagan
- * Nico Toliano



The Lew-Port Wrestling Club

High School Results:

- ♦ 2 Time NFL Team Champions
- ♦ 3 Time Class B Champions
- ♦ 2 time Section VI Champions
- ♦ 57 Individual Class/NFL Champions
- ♦ 18 Individual Section VI Champions
- ♦ 17 Individual NYSPHSAA Place Finishers
- ♦ 2 NYSPHSAA Champion. *Are you next?*

Optional Weekend Tournaments

Tournaments are encouraged, not required please check with a coach before attending to be sure your wrestler is ready for competition. Pushing a wrestler into a tournament before they are ready can discourage them from the sport of wrestling

Contact: Coach Hoover jhoover@lew-port.com

Visit us on Facebook: *Lew-Port Wrestling*

Twitter: *@LPLwrestle*

To Register:

www.familyid.com/programs/lew-port-wrestling-club

Lew-Port Wrestling Club

Practice: Tuesdays & Thursdays

Time: 6:00-8:00pm

Where: Lew-Port Wrestling Room (Admin. Building)

Practice Dates

November	5	7	12	14	19	21	26	
December	3	5	10	12	17	19		
January	7	9	14	16	21	23	28	30
February	4	6	11	13	18	20	25	27
March	3	5	10	12	17	29		

COST:

\$75 per wrestler

This fee includes:

When you go the extra mile,
it's never crowded.

- 35 Structured practices / matches ran by an accomplished coaching staff
- Coaches present at optional designated club tournaments around section VI
- Customized Singlet and headgear to compete in
- NYWAY Wrestling insurance card
- End of the Season Banquet/ Awards night

LPWC

To Register

www.familyid.com/programs/lew-port-wrestling-club