

PHYSICAL EDUCATION

PHYSICAL EDUCATION REQUIREMENT

Education Law and the Regulations of the Commissioner of Education mandate physical education for all pupils in New York State schools. **IN ORDER TO SECURE A DIPLOMA OF ANY TYPE, A PUPIL MUST SATISFACTORILY COMPLETE THE PHYSICAL EDUCATION REQUIREMENTS.**

A student is required to participate in physical education each semester he/she is in school prior to graduation. If a student must have a modified program because of a health condition, an official excuse from the physician and a Lew-Port Limited Activity form must be completed prior to the modification. Forms are available from the nurse at the senior high school. If a student is excused from participating in Physical Education, they must contact their PE instructor to receive a written assignment, which must be completed to earn PE credit. Written assignment details can be found on the High School PE webpage.

Students who are reported as being absent from physical education classes are required to make up those sessions as determined by the physical education teacher.

In grades 9 thru 12, a 1/2 unit of credit per year is earned for physical education toward a diploma.

All students may choose five-week units that are available on a rotating basis and must complete a one swim unit each year.

Aerobics	Badminton	Basketball
Disc Golf	Fitness	Flag Football
Floor Hockey	Lacrosse	Outdoor Recreational Games
Pickleball	Soccer	Softball
Speedball	Team Handball	Tennis
Volleyball	Water Games	Weight Training

Credit: 1/2 unit (40 weeks)

P.E. 9/10 (8715)

P.E. 11/12 (8775)

All jewelry (except MEDICAL ALERT jewelry) must be removed for a student to be able to participate in physical education classes.

All grade levels must complete one swim unit each year.

Some physical education units require the use of Heart Rate Monitors to be used as an assessment tool.

Visit the High School PE web page @ www.lew-port.com for further details about the Physical Education curriculum, policies and procedures.