

Lewiston-Porter

Community Education

THE POSSIBILITIES ARE ENDLESS



FALL-WINTER
2021

Registration is now open!
Welcoming ALL Communities.



Aiming Higher



A MESSAGE FROM THE SUPERINTENDENT

Dear Community Members:

The Lewiston-Porter Central School District is thrilled to once again open our doors to the entire community as we reestablish our Community Education program for Fall 2021. In person learning will once again be offered this fall, with our largest class selection yet. We invite you to participate in exciting and educational classes offered to our residents and individuals in surrounding communities all over WNY.

Our continued hope is that our Community Education program will help you to explore your interests, pursue your passions, discover new talents as well as create opportunities to build new friendships. A key goal of our program is to offer opportunity for members of our community to explore programs to enrich their lives and help them on the journey of lifelong learning. We are confident that you will enjoy the chance to explore such varied topics from cooking, art, learning a new language and so much more!

We are excited to begin the 2021-2022 school year with another robust Community Education program. We are positive you will find something that will intrigue you and look forward to welcoming you back on campus this fall!

Sincerely,

Paul J. Casseri
Superintendent of Schools

Welcome

BOARD OF EDUCATION

The Lewiston-Porter Board of Education is pleased to re-introduce our Community Education program to in person classes this fall. As we look forward to this new school year, we are hopeful this catalog of classes can provide an opportunity for reconnecting our community,

We strongly believe that learning enriches our lives at any age. Our Community Education program provides a broad range of learning opportunities that reflect the needs and interests of our community members. This fall there will be over 90 classes, including 37 new class offerings that demonstrate a diversity of interests. We encourage you to explore all there is to offer!

Never stop learning!

With gratitude,

The Lewiston-Porter Board of Education

2021-2022 LEWISTON-PORTER BOARD OF EDUCATION

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Betty VanDenBosch-Warrick

Community Education Coordinator - Anita Muzzi, amuzzi@lew-port.com

Community Education Office Phone Number - (716) 286-7265

Building maps available on district website: www.lew-port.com

We warmly welcome residents of other school districts to attend our classes. Come see what Lew-Port has to offer!

Basket Weaving

Try the fun and relaxing art of basket making! Through a series of exciting classes, you will learn beginner to advanced weaving skills by making a variety of baskets. Most of our projects will have solid wooden bases, but an option of a woven bottom basket class will be offered to you as well. Once class begins, you will choose your own reed colors for your one-of-a-kind basket, allowing you to express your individually.

Lazy Susan: Made with an 8" round wooden base, with a lazy susan attachment, this basket is perfect for any room in your home. Select your favorite accent colors and make this basket a one-of-a-kind favorite!

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

An additional supply fee of \$30 per person and is due to the instructor the day of class.

Saturday 10/23
9:30 a.m. - noon
\$16 per person
MS411

Pumpkin Basket: This basket is made using the twining technique. Your finished basket will look just like a little pumpkin, and will measure approx. 6" around. This unique basket makes a great fall accent and can be used to hold anything from candy to keys.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

An additional supply fee of \$30 per person is due to the instructor the day of class.

Saturday 11/20
9:30 a.m. - noon
\$16 per person
MS 411

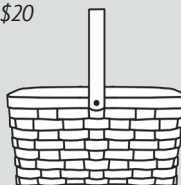
More Basket Weaving in next column >>>

Holiday Candy Basket: This basket is so cute and easy to complete. Finished baskets are approx. 5"-6" at the base. On the day of class you will choose from square, rectangle or hexagon bases with a snowman, truck or Merry Christmas decal varnished to the base. This basket is a fast weave. You will have the opportunity to purchase additional kits to make in class or to take home to finish.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

An additional supply fee of \$20 per person is due to the instructor the day of class.

Saturday 12/4
9:30 a.m. - noon
\$16 per person
MS 411



Crochet-Beginner

Crochet in French means "to hook" and there's no doubt you will be hooked on this relaxing art. In this class, designed for the beginner through intermediate student, you will learn how to hold your hook properly, learn and practice stitches, why gauge is so important, how to read a pattern, the beauty of yarn and techniques to make your crocheted pieces beautiful. Each student will start their instruction with a beginner project. Please bring a "K" hook, and a 4 ply skein of yarn to class. Students will complete a project together.

Students aged 8 and up are welcome to register for this class when a parent/guardian is also registered and attending the same class.

Tuesday 9/28 - 10/12
6:00 p.m. - 8:00 p.m.
\$33 per person
HS Library



Crochet- Intermediate

Let's get ready to take it up a notch! Now that you have learned the basics, it's time for a short review before you learn to read patterns, gauge and more techniques for starting and finishing projects. You will also learn the basics for making clothing, like sweaters.

Wednesdays 9/29 - 10/20
6:00 p.m. - 8:00 p.m.
\$33 per person
HS Library



Arts & Crafts

Calligraphy

Defined as fancy penmanship, with highly decorative handwriting with a great many flourishes. It is the art of writing beautifully. Now you can learn the basics of this lovely art. This class is designed for the beginner where you will learn upper and lower-case lettering, along with numbers. Please come to class with a medium or broad tip pen or marker.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Wednesdays 10/13 - 11/3
6:00 p.m. - 7:00 p.m.
\$32 per person
HS 414

Pysanky - Ukrainian Easter Egg Decorating

You will be making Ukrainian Easter eggs just in time for next Easter! Explore the art, symbolism and joy in creating Pysanky, traditional Ukrainian Easter eggs. In this hands-on workshop, you will learn the basics of the egg decorating process by using a stylus; beeswax and candle, and various dyes. Ukrainian Easter eggs are decorated with traditional Ukrainian folk designs using a wax-resist method. The results are stunning. Wait until your family and friends admire your work!

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attending the same class.

A supply fee of \$5 per person, is due and payable to the instructor the first night of class.
Saturday 10/2
9:00 a.m. - noon
\$27 per person
HS 414



More Arts & Crafts >>>

Arts & Crafts

Easy Beeswax Candle Tart Melts

Join us and learn to make beeswax candle tart melts. Beeswax has a light, sweet scent which is very nice on its own. Class participants will have the opportunity to choose from two fragrance oils to add to their melts, if desired. When beeswax melts burn, they clean the air by producing negative ions which attract to positive ions, (such as dust, mold, odor) floating in the air. Beeswax is a good choice for allergy and asthma symptoms as there are no harsh chemicals, colors or fragrances.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class

Thursday 10/28
7:00 p.m. - 8:00 p.m.
\$16 per person
MS 502

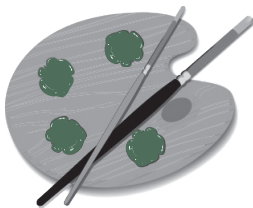
Lovely Fall Watercolor

Grab a friend or two and join us for this fun, creative watercolor painting class. Have you ever wondered how artists achieve some of the awesome outcomes in watercolor painting? Take the mystery out of making these lovely designs that will surely become your new hobby! Join us in this enjoyable Saturday morning paint class. This class is for the beginner who wants to learn more about painting with watercolors. The class includes everything you need to create an 8x10 painting on premium watercolor paper.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$10 is due to the instructor the day of class. Students will receive a Princeton watercolor brush to keep. Paints supplied are artist quality.

Saturday 10/16
9:00 a.m. - noon
\$22 per person
HS 414



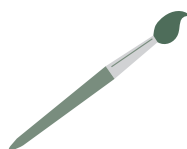
Watercolor Techniques and Tips

Have you ever wondered how artists achieve stunning outcomes in their watercolor paintings? Come join us for this enjoyable Saturday morning class to learn more about painting with watercolors and artist techniques. This class includes everything you will need to create a 12x16 gridded painting on premium watercolor paper, where you will be able to try all the cool tricks of the trade that so many artists use to create texture and interest.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$10 is due to the instructor the day of class. Students will receive a Princeton watercolor brush to keep. Paints supplied are artist quality.

Saturday 9/25
9:00 a.m. - noon
\$22 per person
HS 414



Santa and Rudolph Acrylic Painting

Christmas is right around the corner and a fun Saturday morning painting class for you and a friend awaits! We will be making a design of Santa and Rudolph peeking up over a snowy rooftop together. You will be working on a 16 x 20 canvas and adding lights and textured snow to make your painting burst with sparkle and light.

Students aged 12 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$10 is due to the instructor the day of class.

Saturday 12/4
9:00 a.m. - noon
\$24 per person
HS 414

Thanksgiving Acrylic Painting

Join the fun while making a lovely Thanksgiving themed pumpkin and sunflower designed painting. In this class, you will make an acrylic-mixed media painting on a 11x14 canvas. Acrylic is a great medium for beginners because it is easy to work with, water soluble, quick-drying, and versatile. This class includes

everything you need to create a stunning painting with a ribbon hanger. It will become a treasured keepsake to bring out every Thanksgiving for years to come.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$10 is due to the instructor the day of class.

Saturday 11/13
9:00 a.m. - noon
\$22 per person
HS 414

Soap and Scrub Making



Come discover this fun new hobby in a series of classes that teach you different techniques, along with the use of many unique ingredients. You will be hooked after the first class!

Students aged 14 and up are welcome to register for these classes when a parent/guardian is also registered and attends the same class

Beginner melt and pour soap making Lavender colloidal oatmeal and goat milk soap

This class will teach students to make lavender scented soap with colloidal oatmeal. Lavender essential oil is known for its calming, relaxation benefits. Colloidal oatmeal can soothe dry itchy skin. With fall in full swing, there's soap made with colloidal oatmeal is a lovely addition to your daily routine.

Thursday 10/14
7:00 p.m. - 8:00 p.m.
\$16. per person
MS 502

Make Your Own Loofah Soap

This class will teach students to make soap with an exfoliating loofah inside. Various fragrance oils will be provided to customize your soaps scent. Did you know that the loofah is part of the cucumber family? By taking this class, you will also learn proper loofah care.

Thursday 11/4
7:00 p.m. - 8:00 p.m.
\$16 per person
MS 502

More Soap & Scrub Making in next column >>>

Lemon and Poppy Seed Soap

Lemon and poppy seed soap is generally used in the kitchen as a hand soap. If you're cooking, cutting onions, peppers, etc., lemon is the perfect choice to get a good clean. This soap is the perfect choice when you're cooking a big meal. The poppy seeds act as a gentle exfoliator that you will love!

Thursday 11/18
7:00 p.m. - 8:00 p.m.
\$16 per person
MS 502



Peppermint Sea Salt Foot Scrub

December is a joyous time of year, But ugh! Your feet are crying for a pick-me-up, right? In this class you will make your own peppermint sea salt foot scrub. Don't try to get through a winter without learning to make this fantastic product, your feet will thank you for it!

Thursday 12/2
7:00 p.m. - 8:00 p.m.
\$16 per person
MS 502

Sugar plum body scrub

Come and get your glow on! Learn how to make Sugar Plum body scrub made with plumb oil and plumb powder. This scrub is sure to become your favorite. We will also add vitamin E and liquid glycerin in soap, so it will wash clean away with little to no residue on your skin.

Thursday 12/16
7:00 p.m. - 8:00 p.m.
\$16 per person
MS 502

Beginner Cricut® Design Space Instruction

Join us for a full night of comprehensive instruction in the basic use of Design Space. Learn to create your own personal Cricut® projects in one evening. Together, we will review how to convert to SVG's, upload images and fonts, attach, slice, weld, create curved words, contour, offset and enhance script fonts. Gain overall beginner instruction in Design Space for Cricut® cutting machines. Please bring your laptop but not your Cricut® machine to class.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Wednesday 9/22 or Thursday 11/4
6:00 p.m. - 9:00 p.m.
\$14 per person
HS 106

American Red Cross Lifeguarding Course

The purpose of the American Red Cross Lifeguarding Course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing in cardiac emergencies, injuries and sudden illness until emergency medical service personnel take over. To enroll in the lifeguarding course, you must be at least 15 years old before the last scheduled class session. To participate in the course, you must be able to pass a prerequisite skills evaluation. The prerequisite skills evaluation will occur the first day of the course. Please bring a swimsuit and towel for the skills evaluation and for every class. To successfully complete the course, you must attend the entire course, complete an online portion of the course that is approximately seven (7) hours in length, participate in all skill sessions / drills, activities in scenarios, demonstrate competency in all required skills in scenarios and pass the final written exams with a minimum grade of 80%. Upon the successful completion of this course, you will receive an American Red Cross certificate for lifeguarding / first aid / CPR / AED, valid for two (2) years. If you have any questions, please contact, Joe Lauzonis at lewportswim@gmail.com.

Prerequisites for students:

*Must be at least 15 years old. Must be able to swim 300 yards continuously, demonstrating breath control and rhythmic breathing. Must be able to tread water for two minutes using only the legs. You should place your hands under your armpits. Complete a timed event within one minute, 40 seconds. Starting in the water, swim 20 yards. Your face may be in or out of the water. Swim goggles are not allowed. Surface dive, feet first or head first, to a depth of seven (7) to ten (10) feet to retrieve a 10 pound object. Return to the surface and swim 20 yards on your back to return to the starting point with both hands holding the object while keeping your face at or near the surface so you can get a breath. You should not swim the distance under water. Exit the water without using a ladder or steps.

\$40 fee for equipment, pocket mask and first aid kit, and Red Cross card is due to the instructor the first day of class.

Wednesday: 12/1, 5:00 p.m. - 8:00 p.m.

Wednesday: 12/8, 5:00 p.m. - 9:00 p.m.

Friday: 12/10, 8 a.m. - noon

\$140 per person

HS Pool



CPR-Basic Life Support

Learn the skills of CPR, including rescue breathing using a barrier device. By taking this class, you will also be instructed on how to use an AED or Automated External Defibrillator. Learn skills and information that will be need to assist a person whose heart has stopped beating properly, or who is not breathing. American Heart Association CPR cards will sent to the student's personal email upon completion of the course and test.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Mondays 9/27, 10/25 and 11/29

6:00 p.m. - 9:00 p.m.

\$48 per person

PEC Large Gym



Pistol Permit / Home Firearm Safety

This course provides essential information on Safe Handling and use of a handgun. Information is provided on the selection of a handgun for personal use, proper care, maintenance and safe storage of your firearm. Legal aspects of firearm used to be discussed. Completion of this course is required to apply for a New York State Pistol Permit. Please note- New York State only issues pistol permits to persons 21 years or older.

Wednesday 10/6

6:00 p.m. - 9:00 p.m.

\$59 Per person

IEC Aud

More Certifications & Test Prep



Register online at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com



Certifications & Test Prep

Live Online 4-Hour ACT Boot Camp

Get a jump start on your ACT test preparation! This live online class introduces students to the ACT test. Course includes: test-taking strategies, testing information, study materials and free simulated ACT test. Approximately two days prior to the start of class, an email containing class login information and class materials will be sent. (2021 ACT test dates are: 9/11, 10/23 and 12/11)

Monday and Wednesday 12/6 & 12/8

6:00 p.m. - 8:00 p.m.

\$77 per person

Live Online

Live Online 4-Hour SAT Boot Camp

Get a jumpstart on your SAT test preparation! This live online course introduces students to the SAT test with emphasis on test-taking strategies, testing information, how to best prepare for the SAT test and practice questions in each subject. Course includes online workbook/study materials and a free simulated SAT test. Approximately two days prior to the start of class an email containing class login information and class materials will be sent. (2021 SAT test dates 10/2, 11/6, and 12/4)

Tuesday and Thursday 9/28 and 9/30

6:00 p.m. - 8:00 p.m.

\$77 per person

Live Online

Live Online 9-Hour ACT Test Preparation Course

Are you ready for the ACT test? This live online course offers an in-depth study of the ACT test. This 9-hour review course offers an in-depth study of the ACT test. Includes: test taking strategies, testing information, study materials including the new writing format and a simulated ACT test. Approximately two days prior to the start of class an email containing class login information and class materials will be sent. (2021 ACT test dates are: 9/11, 10/23 and 12/11)

Tuesdays and Thursdays 10/12 - 10/21

6:00 p.m. - 8:15 p.m.

\$144 per person

Live Online

Live Online 9-Hour SAT Test Preparation Course

This live online course offers an in-depth study of the SAT test. Course includes: test taking strategies, test information, online workbook/study materials and a free simulated SAT test. Approximately two days prior to the start of class, an email containing class login information and class materials will be sent. (2021 SAT test dates 10/2, 11/6, and 12/4)

Monday and Wednesdays 10/25 - 11/3

6:00 p.m. - 8:15 p.m.

\$144 per person

Live Online

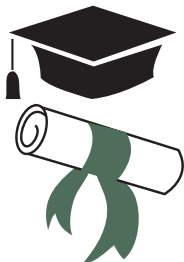
Live Online Writing the College Application Essay

Do you want to submit a college application essay that will really hit home with the admission office at the college of your choice? Learn all the fundamentals of a winning essay as well as proven strategies. You will begin to write the college application essay during the class and leave with a confidence and knowledge to complete the process on your own. Approximately two days prior to the start of class, an email containing class login information and class materials will be sent.

Wednesday 10/6

6:00 p.m. - 8:30 p.m.

\$75 per person



Reiki Certification Classes

Become a certified Reiki healer. During these in-depth sessions, you will delve deeply into the ancient Japanese art of energy healing. Learn to channel and direct Universal Life Force Energy to help reduce stress, increase vitality and correct physical, mental and emotional imbalances. Each course level provides training, course materials, attunement and in-class experience of advanced techniques useful for healing yourself, family and friends or for establishing your own Reiki practice. Come experience the life-transforming power of Reiki!

Reiki Level I Certification

In-person Saturday 9/25

9 a.m. - 3:00 p.m.

\$175 per person

PEC Small Gym

or

Live Online Saturday 10/2

10:00 a.m. - 5:00 p.m.

\$175 per person

Reiki Level II Certification

Live Online Saturday 10/23

10:00 a.m. - 5:00 p.m.

\$199 per person

Advanced Reiki Training

Live Online Saturday 11/13

10:00 a.m. - 5 p.m.

\$159 per person

Reiki Level III Master & Teacher Certification

Live Online Saturday 12/11

10:00 a.m. - 6 p.m.

\$249 per person

Community Education Registration is Open!

View the Registration Form
on Page 19
or visit

lew-port.coursestorm.com

**For more information call
(716) 286-7265**

Certifications & Test Prep

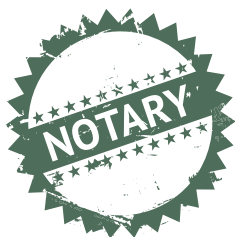
Cooking

Online Notary Public Training Course

Is your job requiring you to become a notary public? Are you afraid of failing the exam? Or are you seeking to self-enhance? We will help you gain the confidence and knowledge you need to pass the exam with ease. Stand out among the competition, add a new credential to your resume and be an asset to your company by enhancing your credentials! All companies need to have documents notarized. The objective of a notary public training course is designed to educate individuals with the legal terminology, concepts, and clauses contained in the framework of the New York State notary booklet. The benefit to this pre-recorded Zoom class is that it can be accessed day or evening 7 days a week. Additionally, customer support is just a click away! The On-line training course includes: Instant access, notary concepts, definition review, sample forms, notary law subsection review, notary facts, prep test and one full year of 24 hour access.

To register go to:

www.notarypubliccentral.com/online-notary-course-registration



Basic Home Brewing

Do you like Craft beer? Have you ever wondered how this amazing beverage is made? Thought of making it yourself? Well we have the class for you! Come learn the basics of home brewing equipment, beer ingredients, and the brewing process, as well as explanations and tastings of various beer styles that you can produce at home. This course will include hands-on brewing of two extract batches of beer, an all grain mash demonstration and beer bottling. No prior experience necessary.

You must be 21 or older to take this class. Class size will be limited, early registration is encouraged.

A supply fee of \$20 is due and payable to the instructor the first night of class.

Tuesdays 10/5 - 10/19

6:30 p.m. - 8:00 p.m.

Class will be held at the Brickyard Brewing Company, 436 center St., Lewiston.

You must register for this class through the district, no walk-ins at the site.

\$64 per person



Make Cake Pops, Like a Pro

In these "don't miss" classes we are bringing in professional cake pop designers for an evening of edible fun! Learn from the best as they show you the skills you need to make cake pops again and again. Each class will begin by learning how to mix cake to get the perfect cake pop dough to work with. Then we'll go step by step, showing you how to roll, dip and decorate your own cake pops with melted candy wafers. Two separate classes, two fun designs to choose from. Grab your friend, teen or spouse for a fun creative night out together!

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

There is a supply fee of \$10. due and payable to the instructor the night of each class.

Halloween Cake Pop Class

All students receive 8 cake pops that they will decorate in a variety of Halloween designs. So popular that there are two classes to choose from!

Tuesday 10/12 or Wednesday 10/20

6:00 p.m. - 8:00 p.m.

\$27 per person

MS 502

Thanksgiving Turkey Cake Pops

All students receive 6 cake pops that they will decorate to look like friendly Thanksgiving Turkeys.

Thursday 11/18

6:00 p.m. - 8:00 p.m.

\$32 per person

MS 402

Comprehensive Beginner Sugar Cookie Decorating

In this new class, you will learn from a professional cookie decorator, ground up basics, of working with royal icing for decorating cut out sugar cookies. This class is perfect timing for the holiday season! Let's get you making professional looking cookies at home for family and friends. All supplies will be included in this comprehensive class, including 12 different Christmas cookie designs to decorate and for you to take home and enjoy. This will be an intensive beginner class of learning the basics: basing cookies with flood icing, using wet on wet techniques, and using stiff icing for details. You will go home with recipes for sugar cookies and royal icing, a small pamphlet of basic information on making cookie dough and how to work with royal icing, tools to use for cookie decorating at home, including a cookie scribe, extra piping bags, and a holiday cookie cutter. In addition, you'll also go home with the confidence to decorate professional looking cookies for the holidays that you can gift and share with your loved ones.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

There is a supply fee of \$12 due and payable to the instructor the night of class

Wednesday 11/3 or Tuesday 11/9

6:00 p.m. - 9:00 p.m.

\$56 per person

Wednesday 11/3: MS 502

Tuesday 11/9: MS 402

We warmly welcome residents of other school districts to attend our classes. Come see what Lew-Port has to offer!

More Cooking

Register online at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com



Cooking

Introduction to Meal Prepping

Looking for simple ways to eat healthier snacks and meals without meal prep taking over your life? Attend this upcoming workshop where you'll learn the secrets to meal prep that saves you time, energy, and money. In this 60-minute workshop you'll discover the benefits of meal prep and why it's important to your overall health, (you control the quality of your food), tips for getting started with meal prep today to have you working like a pro in your kitchen within the week, which basic kitchen gadgets and appliances save you time and make meal prep a breeze and the key staple ingredients you should always have in your kitchen to make your meals as delicious as the best restaurants around.

Students aged 16 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Wednesday 9/22
6:00 p.m. - 7:00 p.m.
\$12 per person
HS 113

Eat Your Flower Bed

Eating flowers isn't just for gnomes and pixies! Many chefs elevate their menus with just a few well-chosen blooms, you can too! You may already have some in your garden now. Discover which flowers are edible and the many interesting ways you can add them to your brunch, dessert and beverage recipes. Find where to source seeds and plants locally. It's helpful to bring a list of any flowers you currently grow in your garden to class.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Tuesday 9/21
6:00 p.m. - 7:30 p.m.
\$12 per person
MS 502



Pierogi Making for Two

Strike up the polkas! It's time to grab a friend, relative or your spouse for some "flour intensive" time together! In this class you will learn hands-on techniques for rolling and cutting dough, filling and sealing, cooking and getting your pierogi freezer ready (if they last that long!). You and your cooking partner will make two dozen farmer cheese and two dozen potato and cheddar pierogi to split. Class size will be extremely limited, early registration is encouraged.

Students aged 13 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$16 per person is due and payable to the instructor the first night of class.

Friday 11/12
6:00 p.m. - 9:00 p.m.
or Saturday 11/13
9:00 a.m. - noon
\$19 per person

**This is a couple's class only, no individuals.*
MS 402

Hooked on Pierogi – Fruit and Savory- Couples Class

Calling all former pierogi students. Now it's time to take things up a notch! You asked for it, you got it! We are going to brush off your pierogi making skills, in a class where we make both fruit and savory varieties. Just in time for the holidays! This class is designed for students that have learned basic pierogi making techniques and skills taught in the *pierogi making for two* class. You and your cooking partner will make two dozen of each to split. Come see some old and new faces and of course, enjoy the polka music! Class size will be extremely limited, early registration is encouraged.

A supply fee of \$20 per person is due and payable to the instructor the first night of class.

Friday 12/3
6:00 p.m. - 9:00 p.m.
\$19 per person
**This is a couple's class only, no individuals.*
MS 402



German Lebkuchen Cookies

Go back in time and recreate Grandma's sweet German lebkuchen cookies. These traditional German gingerbread-like cookies, are distinct because of honey! The basic recipe has many variations making it perfect for hostess gifts, cookie exchanges--or even ornaments! Choose a recipe in class to bake and take the rest home to enjoy for the holidays! Once registered, students will be given a supply list of items to bring to class.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

There is a supply fee of \$5. due and payable to the instructor the night of class.

Tuesday 12/14
6:00 p.m. - 7:30 p.m.
\$17 per person
MS 502

Mexican Migas

"Any time is a good time for migas!" (Pronounced "meeguz") That's because this traditional Mexican dish, using tortillas and eggs, is so filling, but easy to make that you can eat it for breakfast, lunch, or dinner. Learn a little about Mexican culture, plus how to prepare both migas and "pico" for the ultimate brunch. Naturally gluten free! Come hungry! Once registered, students will be given a supply list of items to bring to class.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

There is a supply fee of \$5 due and payable to the instructor the night of class.

Saturday 10/16
9:30 a.m. - 11:00 a.m.
\$11 per person
MS 402

**We warmly welcome
residents of other school
districts to attend our
classes. Come see what
Lew-Port has to offer!**

Cooking

Let's Get Smokin'

As the saying goes, "If it ain't smoked, it ain't food!" We agree! That's why we joined forces with the Brickyard BBQ's Head Pit Boss for this exclusive class. You'll be there to see and smell the delicious meats when they are pulled off the smokers in the morning. From there, witness and learn how raw meat prep is done before smoking, learn about dry rubs, brines, mops, sauces and types of woods used for different flavors. Class size will be limited, early registration is encouraged.

Saturday 10/2 or 11/6

9:00 a.m. - 10:00 a.m.

\$16 per person

Class will be held at the Brickyard Pub & BBQ, 432 Center St., Lewiston.

You must register for this class through the district, no walk-ins at the site.



Attention Business Owners and Organizations!

Did You know that the Community Education
Department can provide you space for your next
workshop, class or meeting?

Please call 286-7299, ext. 8237 for more information!

Exercise

Aqua Zumba

Make a splash in an aqua Zumba class! Known as the Zumba "pool party", this water aerobics class includes splashing, stretching, twisting, shouting, and laughing. All this, while providing you with a low-impact total body routine. This class is fun for all ages and suitable for all fitness levels. Integrating the Zuma formula and philosophy with traditional Aqua fitness principles. Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief! Come join the party!

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Thursdays 9/16-10/21 or 10/28-12/16 no class on 11/11 and 11/25

7:30 p.m. - 8:30 p.m.

\$38 per person

HS Pool

Beginner Line Dancing

Line dancing is one of the most fun county dances out there because you can do it anywhere and you do not need a partner! Line dancing is exactly what it sounds like: a group dance in which the dancers stand side-by-side in one or more lines as they perform a series of dance moves in unison. No matter what type of music you choose to dance to, line dancing can be a great workout. Depending upon your age and fitness level, you can expect to burn between 300-800 calories per hour line dancing! Come and Learn basic line dances to some "cool" country and non-country songs. We will learn dances demonstrated in dance halls across Western NY., sure to get you out on the dance floor! Please bring a water bottle and dry shoes to class.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attending the same class.

Tuesdays 9/21-12/7, No class 10/12 and 10/19

6:30 p.m. - 7:30 p.m.

\$60 per person

PEC Small Gym

More Exercise 

Register online at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com



Exercise

Intermediate Line Dancing

After taking beginner line dancing, you will graduate to the challenge of the intermediate line dancing class. This class will teach you more intricate dances that are seen in the dance halls across Western New York and Canada. Be ready for some great exercise! The dances are fun while the music is a variety of country, pop and alternative. Students are asked to bring a water bottle and dry shoes to class.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attending the same class.

Prerequisite for students is attending the beginner line dance class or similar experience.

Tuesdays 9/21 - 12/7 no class on 10/12 and 10/19

7:35 p.m. - 8:35 p.m.

\$60 per person

PEC Small Gym

Beginning Yoga

Experience all the benefits of yoga including improved range of motion, balance, body awareness and relaxation, all the while developing and understanding the body and mind connection. Learn proper alignment and positioning for basic yoga stretches and postures in a safe and comfortable atmosphere, from an instructor with over 15 years of teaching experience. Please bring a yoga mat or large towel.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Wednesdays 10/6 - 11/10

4:00 p.m. - 5:00 p.m.

\$59

PEC Large Gym

Experience Face Yoga

This unique workshop will inspire you to change your relationship with the mirror. During our time together, we will learn to relax your facial muscles (much like stretching before a run), learn and practice poses to smooth out and prevent forehead wrinkles, crow's feet, sagging skin and if time permits, we will address one or two personal areas of concern. This class is an overview of the potentials of face yoga and what it has to offer.

You will leave with poses you can practice at home. Face yoga is a fusion between yoga like poses and facial expressions. When practiced on a regular basis, face yoga may result in: overall improved muscle tone, former skin, less sagging skin, smoother fine lines and wrinkles, improved blood circulation, glowing complexion and physical changes in your appearance such as symmetry. Please hydrate your skin before class.

Please bring a yoga mat and cell phone to class.

Saturday 11/6

9:00 a.m. - noon

\$19 per person

PEC Small Gym

Tai Chi for Beginners

Embrace the art of mind, body and spirit! Originally developed for self-defense, Tai Chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Often described as meditation in motion, Tai Chi promotes serenity through gentle, flowing movements. Tai Chi is a soft martial art done in slow motion. Anyone can do Tai Chi whether you are 18 to 88, regardless of abilities or disabilities. It was created as self-defense based on balance, it's used today to reduce stress, weight loss, improve balance, and much more! Course will be informal and most importantly fun! Everyone learns at their own pace.

Mondays 9/20 - 11/22

6:00 p.m. - 7:30 p.m.

\$63 per person

PEC Small Gym

Zumba Gold

Zumba Gold is the perfect class for older active adults who are looking for a modified Zumba class that recreates the moves you love, at a lower intensity. Easy to follow choreography focuses on balance, range of motion and coordination. Class also focuses on cardiovascular, muscular conditioning, flexibility and balance. Come ready for fun and leave feeling empowered and strong!

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attending the same class

Tuesdays 9/21 - 12/14

6:00 p.m. - 6:50 p.m.

\$59 per person

PEC Large Gym

Zumba

Zumba classes are high calorie-burning dance parties, a total body workout! Zumba is exercise in disguise! We combine all elements of fitness, cardio, muscle conditioning, balance and flexibility. You will leave class with boosted energy and feeling incredible! Zumba is for everyone and everybody! All fitness levels welcome. There is a wide variety of music, so come out and join the party!

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attending the same class.

Tuesdays 9/21 - 12/14

7:00 - 8:00 p.m.

\$59 per person

PEC Large Gym

Fitness Drumming

Workout to the beat of your own drum with one of the latest and most fun fitness trends! Fitness drumming takes the simple movement of drumming and turns it into a full body workout that will leave you smiling, sweating and feeling great! By using an exercise ball as your drum, a storage tub is your stand, and drumsticks, we've created a class that can be done sitting or standing, accommodating for all ages and all fitness levels. Fitness drumming turns keeping a rhythm, into a workout that you won't want to stop! Please bring water, sneakers, exercise (yoga) ball, drumsticks and a 17 gallon storage tub/round laundry basket that your ball fits into.

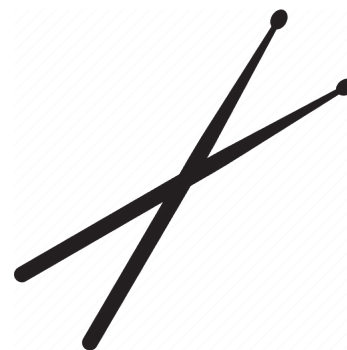
Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Wednesdays 9/22 - 10/27 or 11/3 - 12/15

6:30 p.m. - 7:30 p.m.

\$32 per person

PEC Small Gym



Financial Topics

How to Save Your Retirement Savings

Should I choose care in my own home or a nursing home? If I should live too long, do I have enough assets to last as long as I live? When should I consider transferring assets or my home to loved ones, prior to facing a long term care need? These are just a few of the topics that will be discussed with *The Financial Guys* during this informative class. Please join us in one of three dates offered.

Tuesday 9/14 or Wednesday 10/13 or
Wednesday 11/10

6:30 p.m. - 7:30 p.m.

Free- Prior registration is required. Mail in or
call 286-7265 for registration.

HS 108

Investing

Join *The Financial Guys* as they break down the basics of investing. They will explain the three phases of your investing life: Hire, Retire and Expire. Learn how your planning for each affects your future goals and retirement. Pre-registration for this event is required and seating is limited. Please register early to ensure your spot.

Wednesday 9/29

6:00 p.m. - 7:00 p.m.

Free- Prior registration is required. Mail in or
call 286-7265 for registration.

HS 108



Medicare 101- Understanding Your Options

Medicare is confusing! What are parts A, B, C and D? When do I have to enroll? What will I pay? What is a Medicare Advantage Plan? What is a Medicare Supplement Plan? What about late enrollment penalties, Extra Help, Epic or Medicare Savings Programs? What kind of plans might work best for me? See how this education will help you understand how the Medicare program works. We will provide a general overview of the variety of Medicare Insurance products that are available to beneficiaries.

Saturdays 10/2 in person or 11/6 in person
9:30a.m. - 10:30 a.m.

Thursdays 10/14 in person 10/28 live online ,
11/18 in person or 12/2 live online

6:30 p.m. - 7:30 p.m.

Free- Prior registration is required. Mail in or
call 286-7265 for registration.

HS 106

Social Security Optimization

Whether you are single, married, widowed or divorced, The Financial Guys, certified social security claiming strategists, will inform you about the many facets of this powerful benefit and empower you to make a decision that's right for you. Make sure you are fully informed when making your claim for your retirement income.

Wednesday 10/20

6:00 p.m. - 7:00 p.m.

Free -Prior Registration is required, no walk-ins.
Mail in or call 286-7265 for registration.

MS 710

Health & Wellness

Introduction to Gut Health

Looking for simple ways to improve your overall health and increase longevity? Believe it or not, supporting your gut health is the answer. Join us in this upcoming workshop where you will learn how managing your gut health can help you feel better – both physically and mentally. In this workshop you'll discover some of the most common symptoms of poor gut health as an easy gauge to determine if you need to make changes. You will also learn what leaky gut syndrome and how to identify if you are included in the 80% of the population that has it, common health issues related to leaky gut and simple and easy ways for you to improve and heal your gut.

Students aged 16 and up are welcome to register for this class when a parent/ guardian is also registered and attends the same class.

Wednesday 11/10

6:00 p.m. - 7:00 p.m.

\$12 per person

HS 112

Introduction to Meditation

We all want to be happy and lead fulfilled lives. But too often we depend upon our minds to find this happiness and too often we are disappointed. The reason is that we are using the wrong tool for the job. To find true happiness we need to look within, for our hearts hold the answers to find true joy and commitment, not our minds. This is where meditation comes in. By learning how to quiet the mind, we can remove ourselves from the fear the mind creates and open us up to a whole new world of self-discovery and purpose. In this class we will learn the true benefits of the meditative experience as well as experience meditation itself. If you feel frustrated and discouraged in life, this is the class you've been waiting for!

Students aged 14 and up are welcome to register for this class when a parent/ guardian is also registered and attends the same class.

Tuesday 10/5

6:30 p.m. - 9:00 p.m.

\$27 per person

MS Library



Community Education Registration is Open!

View the Registration Form on Page 19
or visit

lew-port.coursestorm.com

For more information call (716) 286-7265

More Health & Wellness

Register online at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com

Secrets to Sleep-Wellness Workshop

Do you find it hard to fall asleep? Or do you wake up in the early hours and find it hard to go back to sleep, wake up feeling tired, groggy and not fully refreshed? If any of these resonate with you, then this is the workshop you must attend! A good night sleep is key to great health, vitality, peak performance, weight maintenance and our moods. So many of us don't get enough or good enough quality sleep though, and our well-being and health suffers. Join us in learning about critical sleep facts, the impact on our bodies of not getting enough and what you can do about it. Come away with practical tips to get the most restful night's sleep ever and discover the tools and techniques to help you fall asleep faster, stay asleep longer, and reduce your stress levels.



Wednesday 10/13
6:30 p.m. - 8:00 p.m.
\$16 per person
HS 112

The Whole Body Benefits of Detoxing from Sugar

In this upcoming workshop, learn the multiple health benefits of detoxing from sugar and break the sugar cycle once and for all. You'll discover today's biggest health issues related to excess sugar consumption and how your body is dealing with the symptoms. In addition, learn the top ways you will benefit from doing a sugar detox and the best sugar detox method that will limit your withdrawal symptoms significantly. Join us and set yourself up for success so that you never become dependent on sugar again!

Students aged 16 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Wednesday 10/6
6:00 p.m. - 7:00 p.m.
\$12 per person
HS 108

Animation and Interactive Games with Scratch (grades 3-5)

Students will build a strong foundation in computational and solution-oriented thinking by creating fun animations, engaging stories and interactive games with Scratch. Scratch is a visual, drag and drop coding platform built by MIT, specifically for young students who are just getting started with programming.

This course is intended for elementary-school students with no or inconsistent exposure to block based programming like Scratch or Code.org and want a more structured program. It is also ideal for absolute beginners.

This is an interactive, LIVE class taught by an instructor in real-time (not recorded videos). It is a small group class of 6-8 students with ample opportunity for individual attention and group work. It's an engaging, effective and convenient way to learn.

No prior coding experience necessary.

For registration, dates and times go to: www.codewizardshq.com/enroll

Online Only



Introduction to Programming with Python (grades 6-8)

Students learn the fundamentals of programming using Python, a beginner friendly programming language. In this hands-on class, students build fun, engaging projects while mastering fundamental programming principles like variables, loops, conditionals, arrays, functions and more.

This course is intended for middle-school students with no or minimal experience in learning programming. It is also ideal for students who have experience with block based programming like Scratch or Code.org and want to level up to text-based programming.

This is an interactive, LIVE class taught by an instructor in real-time (not recorded videos). It is a small group class of 6-8 students with ample opportunity for individual attention and group work. It's an engaging, effective and convenient way to learn.

No prior coding experience necessary.

For registration, dates and times go to: www.codewizardshq.com/enroll

Online Only



Programming with Python (grades 9-12)

Students get a robust introduction to Python, a popular language that is widely used in the emerging fields of data sciences, machine learning and artificial intelligence. In this hands-on, project-based class, students will learn fundamental programming principles like variables, loops, conditionals, arrays, functions and more in Python. The course is designed to provide students with a strong foundation in Python enabling them to build more complex coding projects in subsequent courses.

This course is intended for high-school students with no or minimal structured experience in learning a real-world, text-based programming language. This is an interactive, LIVE class taught by an instructor in real-time (not recorded videos). It is a small group class of 6-8 students with ample opportunity for individual attention and group work. It's an engaging, effective and convenient way to learn.

No prior coding experience necessary.

For registration, dates and times go to: www.codewizardshq.com/enroll

Online Only



Kids Classes

Spanish For The Elementary Years

Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-5 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Spanish Club class previously, new vocabulary is introduced with each session - never a repeat. Class is open to new and returning students! Join the fun! Program is offered at dismissal at each of the schools below. Class fee is \$77. If you have any questions, contact The Enrichment Company at 1-833-436-7424.

PRIMARY SCHOOL (grades K-2) Tuesdays 3:40 - 4:20 (10/26, 11/2, 11/9, 11/23, 11/30, 12/7, NO CLASS 11/16)

INTERMEDIATE SCHOOL (grades 3-5) - Thursdays 3:40 - 4:20 (10/21, 10/28, 11/4, 11/18, 12/2, 12/9, no class 11/11 AND 11/25)

REGISTER ON LINE AT: www.TheEnrichmentCompany.com (Form can also be downloaded and mailed directly to The Enrichment Company - *Do not send registration to schools)

STEAM Saturdays at Lew-Port!

Explore science, technology, engineering, art and math together! These are fun parent-and-me classes with a variety of interesting topics to choose from. So much fun, you will want to attend all of them! Classes are geared for students 3-6 years old but all ages are welcome. All children must be accompanied by an adult. Let the Saturday morning fun begin!

Autumn Adventures

Create a balancing monster, rat bat rockets and make spooktacular slime while learning about science and nature.

Saturday 10/9

9:30 a.m. - 11:00 a.m.

\$22. for one parent and one child combined.

A supply fee of \$5. Is due and payable to the instructor at the start of class. MS 803

Fall Adventures

Learn the science behind changing leaves, create your own colorful fall leaf and autumn colors sensory bottle.

Saturday 11/6

9:30 a.m. - 11:00 a.m.

\$22. for one parent and one child combined.

A supply fee of \$5. Is due and payable to the instructor at the start of class. MS 803

Tis the Science Season

We will be making indoor snow, creating candy cane experiments and designing marshmallow buildings.

Saturday 12/4

9:30 a.m. - 11:00 a.m.

\$22. for one parent and one child combined.

A supply fee of \$5. Is due and payable to the instructor at the start of class. MS 803

Learning & Leisure

An Actor Relocates

British actor and writer, with over 20 years of experience in the acting world, has compiled his years of knowledge of the acting industry to create this exclusive class. Learn how to create a relocation plan for a move from the smaller markets, to the larger ones like Los Angeles and New York in particular. This five week program meets once a week to map out a plan to make that move! Course content includes: budgeting, location, getting around, looking for work, the unions, and a lot more.

Fridays 9/24 - 10/22

6:30 p.m. - 7:30 p.m.

\$75 per person

HS 108

Angels and Spirit Guides and You!

Have you ever wondered about angels? What are they really? Can anyone call upon them? Will they help anyone with any problem? How can someone connect with them? All these questions and more will be addressed in this non-religious, three-hour class. The instructor has been speaking and receiving answers from angels for decades. He will help you to know your angels, archangels and spirit guides better so that you may work more closely with them and experience their love and joy. All your questions about these beings, as well as any related subject matter will be answered. Come join us!

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered in attends the same class.

Tuesday 10/12

6:00 p.m. - 9:00 p.m.

\$27 per person

HS 106



Live Online Beginner Beekeeping

Come and join the "King Bee" of WNY honey producers for this second-to-none, comprehensive beginners' class on beekeeping. This class is designed in a series of weekly online (live presentation) workshop topics that cover a wide range of information to get you started on your new hobby. This series is for people who range from just starting out, to those who have had bees for years and are looking for more information on topics like the cycle of annual hive death. We will cover choosing equipment, where to get bees, how to locate a place for your hives, bee biology, nectar plants, feeding, supering, swarming, fall management, winter prep, basic disease and pest ID and management, and hive products. At the conclusion of the course, there will be an optional bee yard visit in the spring. Time and location TBA.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Required Textbook (Available on Amazon) *The Beekeepers Handbook* by Sammataro and Alphonse.

Saturdays 10/16 - 11/20

9:00 a.m. - 11:30 a.m.

\$75 per person

Live Online

More Learning & Leisure 

Register online at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com



Learning & Leisure

Change Your Mind, Change your Life

In this class you will be taking an in-depth analysis of how and why your world is the way it is and the correlation between that and your mind. During the presentation in various demonstrations you will learn how to see auras, know how to protect yourself against the negative energy of others, discover your inner blocks to your own happiness, have your energy measured, learn how to send energy to another and what it's like to receive it and most importantly, you will understand how you influence the world around you in a very substantial way! This class is not only informative, but it's fun. Come and join us!

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Monday 10/19
6:00 p.m. - 9:00 p.m.
\$27 per person
MS 704

Europe on a Budget: Tricks, Trips and Apps to Help You Save

Post-pandemic travel will soon be here so get a jump on planning with some budget friendly tips when you're ready to explore again! We will be discussing best dates to buy tickets, cheapest days to fly and underrated European cities to visit on a dime. Students will receive an organized list of all websites and apps discussed in the course. This course will be offered in-person and virtually, choose the date with the option you're most comfortable with!

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

In-person Thursday 9/23
6:00 p.m. - 7:00 p.m.
\$14 per person
HS 111

Virtual Thursday 9/30
6:00 p.m. - 7:00 p.m.
\$14 per person

For Spring Wow, Plant Now!

Design a succession of spring blooms that will make you proud to look out your window every morning. Spring bulbs are a low maintenance solution for your home or community garden. We will take intimidation out of planning and planting tulips, muscari, fritillaria and daffodils (among others). See which choices are affordable or rare. Get tips on moving or adding to what you already have. Learn how to protect flowers from bunnies, deer and harsh winter storms. Discover the taste and smell of nectar. Find many sources for getting seeds and plants. It's helpful to bring a list or photos of your garden to class.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Tuesday 9/28
6:00 p.m. - 7:30 p.m.
\$12 per person
MS 502



Grow More Butterflies

Design a pollinator buffet for your home or community garden to invite pollinators year-round. See which plants attract specific butterflies and their caterpillars. Learn how to protect the pollinators from predators and pollution. Discover the taste and smell of nectar. We will learn about money pollinators, including bees; but, will emphasize in attracting butterflies and hummingbirds. By taking this class, you will also learn where to find regional sources for getting seeds and plants.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Tuesday 11/9
6:00 p.m. - 7:30 p.m.
\$12 per person
MS 502



Introduction to Fly Fishing

Join us for an introduction to fly fishing! Topics include equipment, fly rod selection, stream new tactics, safety, basic entomology (bugs), knots, target species information, distinctions and resources. Warm water, cold water and saltwater fly-fishing opportunities will be discussed. Following a practical demonstration, each student will be given an opportunity to learn proper fly casting; the course will include casting instruction and practice. Students are encouraged to bring their own fly rods if they already have one. Loaner rods will be available for students who do not have their own. The course is structured for the beginner or novice angler. The instructor, it's a lifelong Outdoorsman, a former Orvis Fly Fishing instructor and has been fly fishing for over 20 years. The course is 4 hours total two evenings that are two hours each in length. Class size will be limited for more individualized instruction. Early registration is highly recommended.

Students aged 12 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Tuesdays 10/12 and 10/19 or Thursdays 10/21 and 10/28
6:00 p.m. - 8:00 p.m.
\$45 per person
MS Gym & MS 703

Intermediate Fly Fishing Tactics

Are you a beginner fly Fisher looking to take your fishing to the next level? Join us for an intermediate-level fly-fishing lecture. Topics include equipment, fly selection, how to rig your flies, situational casting & stream tactics, basic entomology, target species information, and resources. Warm water, cold water and some saltwater fly-fishing opportunities will be discussed. This course is structured for the beginning or novice Angler.

Students aged 12 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Wednesday 11/17
6:00 p.m. - 8:00 p.m.
\$27 per person
MS Cafe



Introduction to Grant Writing

Grant writing is both an art and science. Funding is available for a wide variety of efforts, from both public and private entities. Writing the grant is only part of the process you will need to understand and learn how to do. In this workshop, you will explore the many facets of successful grant writing skills, techniques, and abilities. You will also learn where and what to search for, and from whom, based on your interests. Come join in and get started!

Thursdays 10/7 - 10/21

6:00 p.m. - 9:00 p.m.

\$79 per person

HS 108

Italian Language and Culture



The language of Dante comes alive in our classroom where you'll find yourself immersed in Italian language and culture. During our energetic and interactive lessons, you will not only discover the basics of contemporary Italian, but you will also be given the opportunity to use what you've learned in culturally realistic situations. Vocabulary and basic grammar are introduced, explained and practiced. And since language and culture are inseparable, modern Italy, its geography and its culture are also explored. No prior knowledge of Italian is required.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Wednesdays 9/29 - 11/3

6:30 p.m. - 8:00 p.m.

\$86 per person

HS 111



Untethering Your Inner Self

This class is an exploration of the topics of critical thinking and how that process can be used to free ourselves from being trapped by the limitations of our self-imposed world. It provides the opportunity to view your 'self' from different angles. Although the journey is primarily an inner one, it will draw upon every aspect of your life. Could your thoughts be creating barriers to your growth? Do you believe you can reprogram your "self" to be more open? How do you protect your self-concept? Have you ever truly examined the assumptions that drive all of your behavior? Learn to stop resisting reality, and what used to look like stressful problems will begin to look like the stepping-stones of your journey. The session will be presented in a four-part series of 60-minute segments.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Tuesdays 9/28 - 10/19

7:00 p.m. - 8:00 p.m.

\$11 per person

HS 106

Grow The Stinking Rose!

Known as the "Stinking Rose" GARLIC is an easy and fascinating plant to use and dishes from all over the world. The time to plant garlic is now(ish)! I'll share a little of garlic's history in America and some of its purported health benefits. Learn garlic anatomy and how to plant garlic for our zone, then harvest parts of it for home cooking throughout the year. Find Regional sources for getting seeds and plants. Each person may sample several garlic varieties and take home cloves to plant or cook.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

There will be a supply fee of \$3. Due and payable to the instructor the night of class

Tuesday 10/19

6:00 p.m. - 7:30 p.m.

\$12 per person

MS 502

Guitar-Beginner Level 1 for Adults

If you have always wanted to play guitar now's the time because it's never too late to learn something new! Learn basic songs, how to read music and play chords. This class is geared for the beginner aged 18 and up. All are encouraged to attend this comprehensive 13-week class for self-enrichment. Please bring a guitar to class. NO classical or bass guitars. If you are bringing an electric guitar, bring a small amp with you. If you are left-handed, please be advised you will be taught in right handed position only.

A book fee of \$20 is due and payable to the instructor the first night of class.

Tuesdays 9/21 - 12/14

6:00 p.m. - 6:45p.m.

\$171 per person

MS 412



Guitar- Level 2 Intermediate

This class will have you playing songs and learning advanced cord progression, scales, and different styles of playing your guitar. We will focus on keys, major and minor, and learn how to write your own song. This class is a must for all guitar players! NO classical or bass guitars. If you are using an electric guitar, have a small amp with you. If you are left-handed, please be advised you will be taught in right-handed position only.

Prerequisite is a beginner guitar class or playing a guitar for a minimum of one year.

Tuesdays 9/21 - 12/14

6:45 p.m. - 7:30 p.m.

\$171 per person

MS 412



Technology



SmartPhone Essentials

Whether you use a smartphone already or are just venturing out, this is the place to begin. This class will help you understand these electronic devices we are all almost forced to use. It's like someone gave you a great new tool that can make your daily life easier, but didn't show you how to use it. You fumble around trying to figure out how these things work. You may be able to figure out some things but still have questions. We will cover the device itself, essential apps and their tools, and also practice texting a selfie! Many of your questions will be answered in this comprehensive course.

Tuesdays 9/21 - 10/12

Time: 6:30 - 8:00 p.m.

\$59 per person

HS 103

Internet and Email Essentials

No matter which device you use or where you use it, there are certain essential skills needed to get your business done. We will cover many Internet Browser, Website, and Email skills in this 6-hour course. Get tips on downloading, accounts and passwords, the cloud, and copy & paste. Learn how your email account can be your personal assistant!

Tuesdays 10/19 - 11/9

6:30 - 8:00 p.m.

\$59 per person

HS 103



Microsoft Office Essentials

With more work being done from home, learning to use Microsoft's Office products efficiently is important. We will cover the Office Window and Ribbons – the essential tools, and saving, printing, and sharing documents. We will use Excel and Word to become familiar with many tips and handy tools for creating lists and documents.

Tuesdays 11/16 - 12/7

Time: 6:30 - 8:00 p.m.

\$89 per person

HS 103



THE LEW-PORT COMMUNITY EDUCATION DEPARTMENT HAS TEAMED UP WITH KNOW HOW TOURS TO OFFER YOU SEVERAL WAYS TO “HIT THE ROAD” IN 2021.

ALL RESERVATIONS ARE BASED ON SEATING AVAILABILITY. EARLY REGISTRATION IS RECOMMENDED.*

AMISH BROWN BAG TOUR - Featuring an Amish Wedding Feast

Saturday, September 18, 2021

\$125 per person

We're heading to Ohio for an Amish brown bag tour! We begin touring "behind the scenes" throughout Middlefield, OH. Follow the route and stop at sites that Rachael Ray visited as part of her travels over six weeks in September 2008 for her "Hidden Gems" segment. Stops include Middlefield Swiss Cheese House, a country market, Middlefield Bakery, Amish Home Craft & Nauvoo Family Market. Lunch is a traditional Amish Wedding Feast by Ruth Byler – Baked Chicken, Mashed Potatoes with Gravy, seasonal vegetable, 7 layer salad, date nut pudding, homemade bread & pies all served family style. Along the route, receive goodies to add to your brown bag. A fast food stop (on your own) will be made on our way home.



NEW YORK CITY - 12 hours in the city

Saturday, December 4th or December 11th

\$109 per person

Depart Friday Night - Spend 12 hours Saturday - Return Early Sunday

Travel to the Big Apple! Arrive in Midtown Manhattan's Rockefeller Center at 8:00 a.m. Saturday and have free time until 8:00 p.m. (Columbus Circle pick up). So much to see and do! See a Broadway show, visit a museum or art gallery (we advise waiting to purchase any theater tickets until one month prior to departure), take a double decker bus tour or a cruise around the city, make your way to the Statue of Liberty/Ellis Island, visit the Empire State Building, Top of The Rock or shop till you drop! During your road travel there will be several rest/ food stops for your comfort.



Corning Museum of Glass

Wednesday, October 6th

\$139 per person

Our day of travel will begin on the scenic route to Corning, NY. We will be greeted upon arrival at the Corning Museum of Glass and separated into two groups. You will learn the techniques in a hands-on workshop making a glass pumpkin. Next enjoy a sit-down lunch at the museum restaurant with your luncheon voucher. You will continue to explore the museum on your own—make sure to see the glass blowing demonstration show and participate in the fun with glass activity. A rest stop will be made on the way down and quick rest/ food stop on the way home. Note: Your glass work must cure overnight and will be shipped to Know How Tours. A date will be set to pick up.

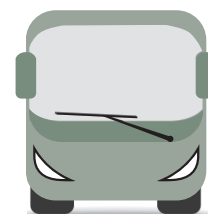
**CORNING
MUSEUM
OF GLASS**

PAYMENT MUST BE MAILED-IN.

NO ONLINE REGISTRATION AVAILABLE FOR BOOKING TRIPS.

Northtown pickup will be at the Eastern Hills Mall.

*The Lewiston-Porter Central School District does not book tours, issue refunds or process cancellations for Know How Tours. It is **STRONGLY ADVISED** that you familiarize yourself with their policies located at www.knowhowtours.com or call 716-649-9694 for more information. Trip protection/insurance is available to purchase through Know How Tours. You will receive a written confirmation from Know How Tours, and your tickets will be distributed upon arrival to board the bus.



Community Education Policies

ENROLLMENT

Class registration is on a first-come basis. We welcome anyone 18 years of age or older (exemptions are given from some instructors and listed in the class description.) to enroll in our Community Education Program. The enrollment deadline is one week prior to the start of class. Our program is open to the entire community; we encourage residents of other districts to enroll in our classes.

By Mail: Mail your completed form, including payment (check or money order), made payable to: Lewiston-Porter Central School District. Mail to: Lewiston-Porter Community Education Dept., 4061 Creek Road, Youngstown NY 14174. Please be aware there is a \$25 fee for returned checks.

In Person: 9 a.m. - 3 p.m. Monday - Friday, when school is in session, at the Lewiston-Porter Administrative Office, 4061 Creek Rd., Youngstown, NY 14174. Registration is on-going and accepted all semester.

Online: Registration is available for our classes at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com. Our third-party processing company will assess a \$1.99 non-refundable fee to each class registration.

We do not allow walk-in registrations at the class locations.

REFUND POLICY

Requests for refunds must be made in person or in writing and received no later than five (5) school business days prior to the start of class. Weekends and days that the school is closed are not considered business days. Make requests to the Lewiston-Porter CSD Community Education Dept., 4061 Creek Road, Youngstown, NY 14174. There will be a \$7 processing fee applied to all refunds by the district. Please note that refund checks are issued twice a month by our business office. In addition, if you registered online and paid by credit card through our third-party provider, a \$1.99 fee per class will be assessed by them and deducted from your total amount due.

Classes are held based on a minimum enrollment of students registered for a class. As such, NO REFUNDS will be issued past the deadlines stated above. We regret that no exceptions can be made to this policy due to life events, illness (including COVID 19 illness, quarantines, and mask & distancing policies), personal or business conflicts that would cause you to cancel.

Trips and tours have specific deadlines through the tour company, as such, no refunds will be given by the school district. Please contact Know How Tours for help or further information at 716.649.9694.

CANCELLATIONS

If the minimum enrollment is not met for a class to be held, you will be notified by phone or email within three business days of the class start date. You will be refunded for any class cancellations in full.

Emergency closings due to weather or otherwise will be announced on local radio/TV stations. If the school district is closed, then all evening activities on that day will be canceled.

INSTRUCTIONAL STAFF

Our instructors are here to share with you a skill, talent or expertise that they possess. The opinions shared by the instructors are not necessarily the opinions of the Lewiston-Porter Central School District. Instructors are not required to be a certified teachers, although many have certifications in their own fields of expertise.

SCHOOL RULES

You must abide by school rules while on campus, and that includes a strict no smoking or e-cig/vaping policy. You will be asked to leave the campus, and we may remove you from enrollment for that semester.

CHILD POLICY

Many of our instructors have opened their classes up for underage children to register for classes when a parent/guardian is registered and attends the same class. Children must be in the care and direct supervision of their parents/guardian at all times, this includes all areas of the school and the classroom they are receiving instruction in. At no time shall children be on district property if not registered in a class. Parents/guardians are also responsible for the behavior of their children at all times during instruction. Failure to abide by this policy will result in the removal of all parties involved from our program. There will be no refunds given in the event that this policy is enforced.



**LEWISTON-PORTER COMMUNITY EDUCATION
FALL 2021 REGISTRATION FORM**

Registration

Please Print

First Name:	Last Name:		
Street Address:			
City:	State:	Zip:	
Student Email:	Contact Phone:		

**** Please fill out a separate form for students who are attending a class with an adult/guardian, where applicable. Please submit forms together.**

By Mail: Please Mail your check or money order to: Lewiston-Porter CSD Community Education Dept., 4061 Creek Rd., Youngstown, NY 14174
Online: Visit <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com to register online. *Please note that service fees apply.

Online Course Name	Date Course Begins	Class Fee	Total
1.		\$	\$
2.		\$	\$
3.		\$	\$
4.		\$	\$
5.		\$	\$
Please include your payment made payable to: Lewiston-Porter CSD			Total Due \$

I have read and will abide by the policies of the Lewiston-Porter CSD Community Education Program. I fully understand the policies, procedures and deadlines outlined on page 18. I also acknowledge that I am 18 years old or more.

Signature _____ Date _____

WAIVER AND RELEASE OF ALL CLAIMS

This agreement is between _____ and the Lewiston-Porter Central School District (including the Lewiston-Porter Central School District Community Education Program, its Community Education Coordinator, its Community Education instructors, and other related members, agents, authorized guests, and affiliated organizations.)

The participant will be participating in the following Community Education activities and/or classes: _____

I hereby state that _____ does not have any ailments or physical condition that would prevent or inhibit me/him/her from fully participating in the specified activities and/or classes. I understand that there is a risk of injury inherent in the foregoing community education classes and/or activities. I hereby accept and assume all risks inherent in the specified Community Education classes and/or activities. I undertake this activity at my own risk. I voluntarily assume full responsibility for any losses, property damage, or personal injuries sustained in the specified activities and/or classes. I further agree to hold harmless and indemnify the Lewiston-Porter Central School District from any and all claims, demands, actions and costs that might arise out of participation in the specified activities and/or classes.

In consideration for the opportunity to participate in the Lewiston-Porter Central School District Community Education Program, to the maximum extent permitted by law, I hereby release the Lewiston-Porter Central School District, its Board of Education members (in their official and unofficial capacities), its employees, and its volunteers from any and all liability, claims, costs, expenses, attorney fees, demands, actions, and causes of action, whatsoever, arising out of or related to any losses, damages, or injuries (including death) that may be sustained during participation in the Lewiston-Porter Central School District Community Education Program or while on the premises of where the classes and/or activities are conducted.

I further agree that the Lewiston-porter Central School District will not be liable to me for any damages, losses, personal injury or property damage, caused by or resulting from any cause whatsoever, including but not limited to the negligence of the Lewiston-Porter Central School District, the Lewiston Porter Central School District Community Education Program, its Community Education Coordinator, its Community Education instructors, or other related members, agents, authorized guests, or affiliated organizations.

Printed Name of Participant _____

Signature _____

(If participant is under the age of 18 years, parents/guardian's signature name)

Address _____

PhoneNumber _____ Date _____

Register online at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com





Lewiston Porter CSD
4061 Creek Road
Youngstown, NY 14174
(716) 754-8281

Pre-Sorted STD
US POSTAGE PAID
**Non-Profit
Organization**
Permit NO. 25
Lewiston, NY 14092

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Betty VanDenBosch-Warrick

Are you a hobbyist, instructor or expert in your field?

The Lewiston-Porter Community Education Department is currently recruiting instructors for our Winter/Spring 2022 Program. Please call Anita Muzzi at 286-7299 ext. 8237 or email amuzzi@lew-port.com for information on becoming part of our exciting team!

Attention Business Owners and Organizations!

Did You know that the Community Education Department can provide you space for your next workshop, class or meeting? Please call 286-7265 for more information!