

COMMUNITY EDUCATION

LEWISTON-PORTER CENTRAL SCHOOL DISTRICT



WINTER • SPRING 2023



Welcoming ALL Communities.



Aiming Higher



A MESSAGE FROM THE SUPERINTENDENT

Dear Community Members:

We here at Lewiston-Porter Central School District are thrilled to once again, offer exciting and educational classes to our residents and surrounding communities for Winter/Spring 2023.

We hope that our Community Education program will help you to explore your interests, pursue your passions, discover new talents and also give you an opportunity to build relationships with other members of our community. Class offerings will help you on your journey to be a lifelong learner. We are confident that you and your family will enjoy the chance to engage in the many varied topics we will be offering this Winter/Spring.

We look forward to inviting you back to the Lewiston-Porter campus to explore what we have to offer!

Sincerely,

Paul J. Casseri

Superintendent of Lewiston-Porter Central School District

Welcome

BOARD OF EDUCATION

The Lewiston-Porter Board of Education is pleased to introduce our Winter/Spring 2023 Community Education program. We are very proud to continue our tradition of providing enriching learning opportunities for the community.

We are presenting over 100 class sessions this season. Of these offerings, just under half will be new to the program, giving you continued variety in your learning journey with us.

As you look through this publication, you will soon discover that there is truly something for everyone! We encourage you to experience classes together with friends and family, and look forward to welcoming you to our Lewiston-Porter campus.

With gratitude,

The Lewiston-Porter Board of Education

2022-2023 LEWISTON-PORTER BOARD OF EDUCATION

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April E. Saks

Community Education Coordinator - Anita Muzzi, amuzzi@lew-port.com

Community Education Office Phone Number - (716) 286-7265

Building maps available on district website: www.lew-port.com

Arts & Crafts

Beginner Level Furniture Painting and Decoupage

This beginner level class will teach you the basics of prepping, painting, and finishing your own furniture or home decor. You will learn about many of the products to use, as well as have some hands-on learning, by painting and designing your own spring craft. When making your project, you will use the painting and decoupage techniques taught in the class. Come learn the basics and gain the confidence needed to go home and paint that old piece of furniture. It's just waiting to become pretty again!

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$20 is due to the instructor the day of class.

Saturday 4/29
9 a.m.-noon
\$17 per person
MS 411

Calligraphy

Defined as fancy penmanship, with highly decorative handwriting with a great many flourishes. It is the art of writing beautifully. Now you can learn the basics of this lovely art. This class is designed for the beginner where you will learn upper and lower-case lettering, along with numbers. Please come to class with a medium or broad tip magic marker.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Friday 4/21 – 5/12
6:00 p.m. to 7:15 p.m.
\$32 per person
HS 419

Crochet-Beginner

Crochet in French means “to hook” and there’s no doubt you will be hooked on this relaxing art. In this class, designed for the beginner through intermediate student, you will learn how to hold your hook properly, learn and practice stitches, why gauge is so important, how to read a pattern, the beauty of yarn and techniques to make your crocheted pieces beautiful. Each student will start their instruction with a beginner project. Please bring a “K” hook, and a 4-ply skein of yarn to class. Students will complete a project together.

Students aged 10 and up are welcome to register for this class when a parent/guardian is also registered and attending the same class.

Tuesdays 4/18-5/9
6:00 p.m. – 8:00 p.m.
\$33 per person
HS Library

Crochet- Intermediate

Let’s get ready to take it up a notch! Now that you have learned the basics, it’s time for a short review before you learn to read patterns, gauge and more techniques for starting and finishing projects. You will also learn the basics for making clothing like sweaters.

Wednesdays 4/19-5/10
6:00 p.m.- 8:00 p.m.
\$33 per person
HS Library



Design Like a Pro (part 1)

Ever wondered what makes design pro’s and professional artists’ work look different from your own creations? Have you ever wanted to take your art projects to the next level? Or maybe you are a beginner and want to begin making your own creations?

This class is a series in three parts. In the first class, you will learn about the theories, concepts, rules and techniques that characterize a professional designers work. Together, we will analyze, compare and critique examples to learn how good design is both more aesthetically pleasing and communicates better.

Bring a pencil, eraser, ruler, colored markers/pencils/pens, sketchbook/notepad with you to class

Saturday 2/25
9:00 a.m.-11:00 a.m.
\$33 per person
HS 414

Design Like a Pro (part 2)

Do you have the ingredients and Imagination, and yet feel something is missing from your art? Would you like to take your designs, layouts, works of art or craft creations to the next level?

Level up your creations. In this class you will apply and practice what you’ve learned in the first Design Like a Pro class. Individually and with your classmates, you will create simple sketches and compose design layouts to practice and prove your new artistic skills.

Prerequisite: Design Like a Pro class 1.

Bring a glue stick, scissors, pencil, eraser, ruler, colored markers/pencils/pens, sketchbook/notepad with you to class. A supply fee of \$5. Is due and payable to the instructor the day of class.

Saturday 3/11
9:00 a.m.-11:00 a.m.
\$33 per person
HS 414

Design Like a Pro (part 3)

Finesse your communication. Create and design like a pro. Let’s take your use of typography from good to great!

This class will build on knowledge gained from Design Like a Pro part 1 and part 2 and introduce the use of typography as a design element that can empower the message of your work. Learn through practice and theory in this class to say what you mean and create impact in your art.

Prerequisite: Design Like a Pro classes 1 & 2.

Bring a glue stick, scissors, pencil, eraser, ruler, colored markers/pencils/pens, sketchbook/notepad with you to class.

Saturday 3/25
9:00 a.m.-11:00 a.m.
\$33 per person
HS 414

More Arts & Crafts 

HS - High School • MS - Middle School • IEC - Intermediate Education Center • PEC - Primary Education Center • CRC - Community Resource Center (District Office Building)

Register online at <https://lew-port.coursetorm.com/> or lew-port.coursetorm.com

Arts & Crafts

Bumblebee Basket

If you like cute petite baskets, then this class is for you! The bumblebee basket is just the right size to fit on your shelf to hold pens/pencils, and it's the perfect little accent for your shelf. The basket has a 4" round base that you will learn how to twine at the bottom, then we'll have a bit of a potbelly center before bringing your rows back in to finish at the top. It's fast and easy to make, there should be enough time in class to make another if you would like to. Your basket comes with a little wooden bumblebee and honey dipper to finish it off!

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$35 per person is due and payable to the instructor the day of class.

Saturday 4/22
9:00 a.m.-noon
\$17 per person
MS 411

Heart Candy Basket

Join us in making this lovely heart shaped basket. Your design will have a round divided base with four sections, and a heart-shaped handle. It's perfect for filling with pencils, brushes, remotes, silverware, and lots more! Choose your favorite accent row colors, to customize your beautiful basket. Approximate size is 6" round and 8" tall.

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$35 per person is due and payable to the instructor the day of class.

Saturday 2/18
9:00 a.m.-noon
\$17 per person
MS 411

Easter Basket

Just in time for the Easter Bunny to arrive, weave your own Easter basket in the colors of your choice, in this fun and creative class. Together, we will be weaving around an 8" wood base with an attached handle. You will find his basket is just the right size to fill with goodies and surprises. Because of its construction, your basket will be used for many years to come! This basket is a classic round handled basket, it has a multitude of uses.

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$35 per person is due and payable to the instructor the day of class.

Saturday 3/11
9:00 a.m.-noon
\$17 per person
MS 411

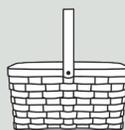
Small Gathering Basket

Gather your garden flowers in style with this small gathering basket. This basket will have a solid wooden base that you will weave using a variety of reed colors and sizes. The swing handle that you will attach to your basket, makes it the perfect basket for gathering baked goods, but also for carrying baked goods or a small casserole to those picnics and parties! Approximate size is 15 in. x 5 in. Class will start promptly at 9 am.

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

A supply fee of \$45 is due to the instructor the day of class.

Saturday 5/6
9:00 a.m.-noon
\$17 per person
MS 411



Gemstone and Lava Bead Bracelet

Learn how to make a professional-quality stretch bracelet of your choice, from one of WNY premier jewelry design companies. Your design will include authentic semi-precious gemstones, stainless steel components and charms. This unique design utilizes lava beads that hold essential oil. Because of this, you will also have the opportunity to mix your own oil blend! As a bonus, a pair of matching earrings is included.

Students aged 10 and up are welcome to register for this class (evening only) when a parent or guardian is also registered and attends the same class.

A supply fee of \$20 is due to the instructor the day of class.

Thursday 2/16
9:00 a.m.-11:00 a.m. or 6:00 p.m.-8:00 p.m.
or
Thursday 4/20
9:00 a.m.-11:00 a.m. or 6:00 p.m.-8:00 p.m.
\$19 per person
Community Resource Center – Alumni Room

Intro to Wet Felting: Wet Felted Vessel

Wet felting is the process by which loose wool fibers transform into a non-woven textile with the application of soap, water, and agitation. Learn how magical this technique is! In this class, you will learn the art of felting and designing a tiny seamless felted whimsical wool bowl! Examples of larger projects, and implications of this technique will be brought to class. The possibilities are endless!

Students aged 12 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$20 is due to the instructor the day of class. Please bring an old bath towel and plastic bag to class.

Monday 3/6
7:00 p.m.-9:00 p.m.
\$22 per person
MS 411

Introduction to Wet Felting: Felting a Flower

Ready for some flowers after a cold winter? Create some wool flowers while we wait for the weather to warm up! Learn the art of felt making with an award-winning fiber artist. You will learn the technique of wet felting to make a felted flower with just wool, soap and bubble wrap! Wet felting is the process by which loose wool fibers transform into a non-woven textile with the application of soap, water and education. It's magical! Create beautiful whimsical felt flowers in this beginner class. Examples of larger projects, and applications of this technique will be brought to class. Students aged 12 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$20 is due to the instructor the day of class. Please bring an old bath towel and plastic bag to class.

Monday 3/20
7:00 p.m.-9:00 p.m.
\$22 per person
MS 411

Introduction to Macrame Plant Hangers

Join this macramé artist and plant enthusiast for a beginner level macramé class. Learn three basic knots, how to measure your cord, count knots, attach beads, construct your hanger, and leave with a finished piece! You also have the knowledge to create more unique pieces at home. If you already have a plant/pot in mind you want to hang, please bring it with you so we can fit it into your new hanger. Your pot should ideally be between 4" and 8". You'll be provided precut cotton macramé cord, metal ring, choice of beads and instruction sheet.

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$15 per person is due and payable to the instructor the day of class.

*Saturday 2/18
10:00 a.m.- noon
\$22 per person
MS 414*

Make Your Own Bath Tea/Foot Soak

In this class you will learn to make your own soothing bath tea – foot soak, and an exfoliating salt scrub. These products will be made using essential oils in dried Botanicals. Use your creations for a well-deserved spa day at home!

Students aged 15 and up are welcome to register when a parent or guardian is also registered and attends the same class.

*Thursday 5/18
7:00 p.m.-8 p.m.
\$17 per person
MS 411*

Make Your Own Loofah Soap

Learn how to make your own loofah soap! This is such a fun craft to learn. Wait until your family and friends find out that you made it! In this class, you will use a honey soap base, color and fragrance oil to create your one-of-a-kind soap.

Students aged 15 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

*Thursday 4/27
7:00 p.m.-8:00 p.m.
\$17 per person
MS 411*

Sewing Machine Basics 101

Is your machine still in the box or you haven't used it in twenty years? Then this is the class for you! We will go over your machine, threading, winding bobbin, and more! Perfect for the person wanting a refresher.

*Thursday 2/23
6:00 p.m. – 8:00 p.m.
\$22 per person
MS 204*

Sewing Machine Embroidery 101

This beginner class is designed to help those wanting to branch out from sewing into the world of embroidery: hooping, stabilizers, threads to use, as well as how to embroider certain items. Students are encouraged to bring their embroidery machines if they have one.

Children aged 8 years and up can register for the class when a parent or guardian registers and attends the same class.

*Thursday 2/16
6:00 p.m. – 8:00 p.m.
\$22 per person
MS 204*

Bendy Snake

Mother/Son Date Night

Spend some quality time creating a sewn bendy snake your son will enjoy. This class is created as a mother/son date night, but all are welcome! A great memory making time together! Bendy snakes also make a fun gift option for the child that has everything. Adults are also encouraged to come as a single student to learn the project, no date needed. Each student will go home with one snake.

Children aged 8 years and up can register for the class when a parent or guardian registers and attends the same class.

A \$5 supply fee is due to the instructor the night of the class.

*Friday 2/17
6:00 p.m. – 9:00 p.m.
\$22 per person
MS 204*

Butterfly Wings

Mother/Daughter Date Night

Dress-up just got more fun! Bring your daughter/granddaughter and sew up your very own pair of butterfly wings! This class is designed as a mother/daughter or grandmother/granddaughter date night, but all ages are welcome.

Students encouraged to bring their own machines. A partial supply list will be provided closer to the class date. This class is designed for the beginner/intermediate level. Adults are encouraged to come as a single student to learn the project, no date needed. Each student will go home with their own set of wings.

Children aged 8 years and up can register for the class when a parent or guardian registers and attends the same class.

A \$10 supply fee is due to the instructor the night of the class.

*Friday 2/24
6:00 p.m. – 9:00 p.m.
\$27 per person
MS 204*

Fabric East Egg Ornament

It's time to "wow" the Easter Bunny when he comes to the house! Join us in making up to three festive fabric ornaments. This is a great fabric scrap buster class. Fabric eggs are a European decorating tradition. Use them to adorn a tree or give away as a gift. Students are encouraged to bring their own machines. This class is designed for the beginner on up.

Children aged 8 years and up can register for the class when a parent or guardian registers and attends the same class.

A \$5 supply fee is due to the instructor the night of the class.

*Saturday 4/1
9:00 a.m. – noon
\$22 per person
MS 204*

Fabric Flowers

Create a one-of-a-kind fabric flower bouquet that will never die! Just in time for Mother's Day, a gift like this is sure to impress! During this class you will also learn to scent your flowers. Students are encouraged to bring their own machines.

Children aged 8 years and up can register for the class when a parent or guardian registers and attends the same class.

A \$10 supply fee is due to the instructor the night of the class.

*Saturday 4/15
9:00 a.m. – noon
\$22 per person
MS 204*

More Arts & Crafts 

HS - High School • MS - Middle School • IEC - Intermediate Education Center • PEC - Primary Education Center • CRC - Community Resource Center (District Office Building)

Register online at <https://lew-port.coursetorm.com/> or lew-port.coursetorm.com



Winter Watercolor

Grab a friend and join us in this fun Saturday morning class, learning how to paint an easy, beautiful watercolor landscape. You will be taken through every step so that when you're finished, you will have a painting to be proud of. Students will be supplied everything needed, including artist grade paper, watercolor paints, brushes, and a template that you can use if you don't want to freehand the drawing. This is a beginner watercolor class so don't be afraid if you are new to watercolors, or if you haven't done one in a while. The instructor is there to help you do your very best.

Students aged 12 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$5 per person is due and payable to the instructor the day of class.

*Saturday 2/25
9:00 a.m.-noon
\$22 per person
HS 419*

Saint Patrick's Day Leprechaun Acrylic Class

Who doesn't love Saint Patrick's Day? You're invited to join us in this fun, creative, Saturday morning class making this cute design! A great class for friends to take together. Join us to see how easy acrylic painting can be. Templates will be provided, so no need to worry about drawing the leprechaun. Students will be supplied everything they need including an 11x14 inch canvas, paint, brushes and bunches of bling and doodads to add some sparkle and excitement to this cute little guy! Aprons will be provided but it is suggested that you wear older clothing that you don't mind getting a bit of paint on.

Students aged 12 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$10 per person is due and payable to the instructor the day of class.

*Saturday 3/11
9:00 a.m.-noon
\$22 per person
HS 419*

Spring Tulips Watercolor Class

What better way to welcome spring then to paint some beautiful tulips in watercolor! Grab a cup of coffee and a friend or two, and join us in this easy watercolor painting class. Templates will be available for those who don't want to freehand the drawing. You will be supplied everything you need including artist quality paper, paints, brushes. You'll be able to complete a painting you'll be so proud of to frame and hang in your home.

Students aged 12 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$5 per person is due and payable to the instructor the day of class.

*Saturday 4/15
9:00 a.m.-noon
\$22 per person
HS 419*

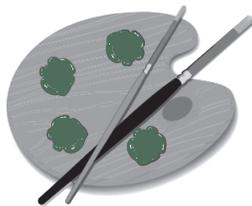
Tufted Titmouse Watercolor Bird Painting

Spring is in the air and the birds are singing their songs! The Tufted Titmouse is a favorite at the bird feeders. Come and join us and learn how to paint this little cutie in watercolor. You will walk you through every step so that when you're finished you'll have a painting to be proud of. You will be supplied with everything needed, including artist grade paper, watercolor paint, brushes, and a template that you can use if you don't want to freehand the drawing. This is a beginner watercolor class so don't be afraid if you're new to watercolors or haven't done one in a while. Instructor is there to help you do your best!

Students aged 12 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$5 per person is due and payable to the instructor the day of class.

*Saturday 5/6
9:00 a.m.- noon
\$22 per person
HS 419*



Stained Glass Classes

Want to learn an exciting new hobby? Then we have something for you! Join us for one or more of our stained glass classes. Our instructor will share with you her many years of glass crafting experience in one of our classes below. Projects are designed for the beginner on up. In each class, you will use precut glass, copper foil and solder to design your pieces. You will learn how to turn glass into beautiful unique art!

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$20 per person is due and payable to the instructor the night of class.

Spring Bunny Suncatcher

The spring bunny project will bring a smile to any window! The design is done in layers adding interest to the peace. You will learn the copper foil method of stained glass and how to solder. We will finish the piece with some floral accents. Approximate finished size is 5" H x 7" W. This is a simple piece, perfect for a beginning project. All glass is precut and tools for use are provided.

*Monday 3/13
6:00 pm.-8:30 p.m.
\$24 per person
HS 414*

Butterfly on Leaf Stake

Add a little sparkle to your garden this summer with this butterfly on a leaf. This project is done with lead coming giving us the opportunity for dimension. You will learn how to mold lead channel around the glass and tact solder. The piece is accented with wire and we will attach a stem to be placed on a stem for the garden. Approximate finished size is 7" L x 4" W. A 30" post for the project is included with the fee. This is a simple piece, perfect for a beginning project! All glass is pre-cut and tools for your use are provided.

*Monday 4/17
6:00 pm.-8:30 p.m.
\$24 per person
HS 414*

Monstera Leaf Suncatcher

One of the most popular botanical designs and a long time, this leaf is created in a variety of green glasses, each piece is different. You will learn the copper foil method and how to solder. Approximate finish size is 7" Lx 5" W. This is a simple piece, perfect for a beginning project! All glass is pre-cut and tools for your use are provided.

*Monday 5/8
6:00 pm.-8:30 p.m.
\$24 per person
HS 414*

Cooking

Wire Wrapped Cabochon Pendant

Learn how to wrap undrilled cabochons into elegant jewelry, decorative ornaments and beautiful keepsakes for yourself or your loved ones. This class is designed to teach you how to wrap hand cut stones into pendants using only wires, no soldering or glue. You can use this technique to transform any stone or found items into beautiful keepsakes to be treasured and cherished. You will leave class with an elegantly finished pendant. Tools and supplies will be provided at the class.

A Supply fee of \$20 per person is due and payable to the instructor the day of class.

Thursday 3/30
10:00 a.m.-noon
\$19 per person
Community Resource Center – Staff Development Room

Wire Bending

Ever wanted to learn how to create elegant handmade jewelry? Stuck because you can't find the right findings to create lovely jewelry? Create beautiful jewelry for yourself or your loved ones using crystals beads and wires. This class is designed to teach you how to bend wires to create your own findings and create beaded length that can then be used to design bracelets, dangle and drop earrings, bar in lariat style necklaces using only wires, no soldering or glue. You can use this technique to create elegant minimalist jewelry for anyone on your list. The skills you will learn will enable you to create your own jewelry findings like ear wires, chains, clasps and more. You will leave class with an elegantly finished bar necklace, and two different beaded earring styles created with beautiful crystal beads. Tools will be provided for use in class.

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$20 per person is due and payable to the instructor the day of class.

Thursday 4/20
6:00 p.m. -8:00 p.m.
\$19 per person
HS 414

Wire Wrapped Jewelry

Ever wanted to learn how to create elegant handmade jewelry without glue or soldering? Learn how to wrap undrilled cabochons into gorgeous jewelry, decorative ornaments and beautiful keepsakes for yourself or your loved ones. This class is designed to teach you how to wrap hand-cut stones into pendants using only wires, no soldering or glue. You can use this technique to transform any flattish stone or found items into beautiful keepsakes to

be treasured and cherished. You will leave with an elegantly finished pendant created with a beautiful hand cut cabochon. Tools and supplies will be provided at the class.

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$20 per person is due and payable to the instructor the day of class.

Thursday 4/27
6:00 p.m. - 8:00 p.m.
\$19 per person
HS 414

Introduction to Wire Weaving

Do you like to embroider, weave, crochet, or knit? Come explore some basic wire weaving designs. This class is designed to introduce students to weaving techniques using wires. Three basic styles using the Herringbone-weave will be explored. The weaves will be used to create three minimalist pendants that students will take home. The skills you will learn can be used to create other items like chains, bracelets, earring, charms, or to embellish and expand on designs learned in previous classes. Previous class attendance is a bonus, but not a requirement. Tools will be provided at the class. You will leave with three pendants woven with wire, and instructions on how to use these weaves in your jewelry designs.

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$20 per person is due and payable to the instructor the day of class.

Friday 5/5
6:00 p.m.- 8:00 p.m.
\$19 per person
HS 414

Tiling Backsplash and Design

You can tile your own backsplash! Learn step-by-step instruction in this very informative hands-on class. You will be exposed to different kinds of tile and have design instruction for each. Learn how to measure area, material types, calculation and planning. Tile cutting will also be hands-on. Students will be required to bring work gloves, safety glasses and a dust mask to class.

A Supply fee of \$15 per person is due and payable to the instructor the day of class.

Thursday 3/9
6:00 p.m. - 9:00 p.m.
or
Saturday 3/18
9:00 a.m. – noon
\$33 per person
MS 411

Almond Biscotti

Once you learn how to make homemade Italian biscotti, there's no going back! Join us and this fun cooking class where you learn the art of biscotti making. Just in time for Easter, biscotti makes a wonderful gift to give at any holiday. This Saturday class is perfect for friends to come together and create!

Students aged 8 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A supply fee of \$18 per person is due and payable to the instructor the day of class.

Saturday 4/1
9:00 a.m.-11:30 a.m.
\$22 per person
MS 502

Basic Cheese Making Ricotta & Cream Cheese

Who knew making these cheeses would be so easy and come right out of your kitchen! You may never go back to store-bought again. With having control of the amount of moisture and salt used, you can customize the flavor of your cooking adventures! In this class, we will make ricotta, cream cheese, and a delicious herb cream cheese. Class size will be small for more individualized instruction. Early registration is recommended. Students must bring a glass candy thermometer, large saucepan and a package of cheesecloth to class.

Students aged 11 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$12 per person, is due and payable to the instructor at class.

Friday 4/21
6:00 p.m.-8:30 p.m.
\$26 per person
MS 502

We warmly welcome residents of other school districts to attend our classes. Come see what Lew-Port has to offer!

Cooking

Basic Home Brewing

Do you like Craft beer? Have you ever wondered how this amazing beverage is made? Thought of making it yourself? Well, we have the class for you! Come learn the basics of home brewing equipment, beer ingredients, and the brewing process, as well as explanations and tastings of various beer styles that you can produce at home.

This course will include hands-on brewing of two extract batches of beer, an all-grain mash demonstration and beer bottling. No prior experience necessary. You must be 21 or older to take this class. Class size will be limited, early registration is encouraged.

A supply fee of \$20 is due and payable to the instructor the first night of class.

*Tuesdays 3/7-3/21
6:30 p.m.-8:00 p.m.
\$64 per person*

Class will be held at the Brickyard Pub & BBQ, 432 Center St., Lewiston. You must register for this class through the district, no walk-ins at the site.



Easter Charcuterie

In this class you will learn basic skills used to make grazing boards for your next party. Just in time for Easter and upcoming summer parties. You will learn techniques of cutting different styles of cheeses, folding meats and different pairings that you can use. During the class you will get to make and take home your own 3-4 person grazing board. The theme of the board that you will make in this class, will be Easter.

Students aged 16 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A supply fee of \$15 per person is due and payable to the instructor the day of class.

*Friday 3/31
6:30 p.m.-8:00 p.m.
\$17 per person
MS 402*



Holiday Sugar Cookie Decortaining

Want to learn how to decorate sugar cookies for upcoming holidays? Then this is the ideal class for you. Your family and friends will be thrilled to know you made them! This class is designed for beginners wanting to learn how to decorate cookies with royal icing. You will learn how to flood a cookie, use wet-on-wet techniques, and use royal icing transfers, to create unique designs.

Students aged 14 and up are welcome to register for these classes when a parent or guardian is also registered and attends the same class.

A supply fee of \$15 per person is due and payable to the instructor the night of class.

St Patrick's Day Theme
*Friday 3/10
6:00 p.m.-8:30 p.m.
\$33 per person
MS 502*

Easter Theme
*Friday 3/31
6:00 p.m.-8:30 p.m.
\$33 per person
MS 502*

Mother's Day/Spring Theme
*Friday 5/5
6:00 p.m.-8:30 p.m.
\$33 per person
MS 502*

Charcuterie

Be the hit of your next party! In this class you will learn basic skills used to make grazing boards for your next event. You will learn techniques of cutting different styles of cheeses, folding meats and different pairings you can use together. During the class, you will create your own 3-4 person grazing board that you can take home with you! A wonderful class to take together with friends and family for a fun night out!

Students aged 16 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A supply fee of \$15 per person is due and payable to the instructor the day of class.

*Tuesday 5/2
6:30 p.m.-8:00 p.m.
\$17 per person
MS 502*

Irish Soda Bread

Just in time for St Patrick's Day! If you've never made soda bread, then this class is for you! Join us for a fun evening in learning how to make this classic Irish bread. Making it will become a tradition in your house for years to come! Each student will make a loaf to take home to enjoy.

Students aged 8 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A Supply fee of \$16 per person is due and payable to the instructor the night of class.

*Tuesday 3/14
6:00 p.m.-8:30 p.m.
\$17 per person
MS 502*

Let's Get Smokin'

As the saying goes, "If it ain't smoked, it ain't food!" We agree! That's why we joined forces with the Brickyard BBQ's Head Pit Boss for this exclusive class. You'll be there to see and smell the delicious meats when they are pulled off the smokers in the morning. From there, witness and learn how raw meat prep is done before smoking, learn about dry rubs, brines, mops, sauces and types of woods used for different flavors. Class size will be limited, early registration is encouraged.

Students aged 16 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

*Saturday 3/4, 4/8 or 5/13
9:00 a.m. - 10:00 a.m.
\$16 per person*

Class will be held at the Brickyard Pub & BBQ, 432 Center St., Lewiston. You must register for this class through the district, no walk-ins at the site.



Pierogi Making for Two

Strike up the polkas! It's time to grab a friend, relative or your spouse for this "flour intensive" morning out! In this class you will learn hands-on techniques for rolling and cutting dough, filling and sealing, cooking and getting your pierogi freezer ready (if they last that long!). You and your cooking partner will make two dozen farmer cheese and two dozen potato and cheddar pierogi to split. Class size will be extremely limited, early registration is encouraged.

Students aged 12 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

A supply fee of \$23 per person, is due and payable to the instructor the day of class.

Saturday 3/25
9:00 a.m.-noon
\$27 per person
MS 402

This is a couple's class only, no individuals. Please register at the same time to ensure seating availability.

Sicilian "S" Cookies with Love

Just in time for Valentine's Day! Learn how to make delectable Sicilian "S" cookies! Get your apron out for this hands-on class where you will make "S" cookies put together in the shape of a heart. You will leave with 2 dozen cookies to enjoy at home, with someone you love, or just eat them yourself, you deserve it!

Students aged 8 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A supply fee of \$19 per person, is due and payable to the instructor the night of class.

Saturday 2/11
9:00 a.m.-11:30 a.m.
\$22 per person
MS 502

Succulent Floral Themed Cupcake Decorating

Join us for this one-of-a-kind floral cupcake decorating class. In this class, you will learn how to design realistic succulent themed cupcakes. Each student will make one half dozen decorated cupcakes in a small flower pot with a shovel/spoon embellishment for each. So unique you won't want to eat them! This class is just in time for Mother's Day, make it a fun Saturday morning with family members and friends!

Students aged 8 and up are welcome to register when a parent or guardian is also registered and attends the same class.

A Supply fee of \$19 per person is due and payable to the instructor the day of class.

Saturday 5/13
9:00 a.m.-11:30 a.m.
\$22 per person
MS 502

Yogurt Making Made Simple

In this class you will learn a simple way to make yogurt, without any special equipment, instapot etc. This is a demo class where you will learn a quick and simple way of making yogurt at home. You will learn some tips and recipes on how you can use yogurt in sides, marinades, gravy, and desserts. You will sample a couple of yogurt sides, one sweet, one refreshing and savory. You will also leave with a jar of starter and some recipes so you can start making delicious yogurt at home with no preservatives, and free yourself from store-bought varieties.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Friday 3/24
6:00 p.m.-8:00 p.m.
\$19 per person
MS 502

Exercise

Aqua Zuma

Make a splash in an aqua Zumba class! Known as the Zumba "pool party", this water aerobics class includes splashing, stretching, twisting, shouting, and laughing. All this, while providing you with a low-impact total body routine. This class is fun for all ages and suitable for all fitness levels. Integrating the Zuma formula and philosophy with traditional Aqua fitness principles. Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief! Come join the party!

Students aged 14 and up are welcome to register for this class when a parent/guardian is also registered and attends the same class.

Thursdays 2/16-3/30
7:30 p.m. - 8:30 p.m.
\$69 per person
HS Pool

Beginning Yoga

Beginning yoga is appropriate for students of all levels from brand new beginners to students who wish to slow down and move with breath. This course will focus on exploring body alignment and breathing, while understanding the body and mind connection. Each pose will be taught from the bottom up with proper positioning. Yoga is for everyone and is very beneficial to people of all ages and fitness levels.

This class will be a supportive environment to focus on balance, range of motion and relaxation. Everyone is welcome! Please bring a yoga mat and towel to class.

Wednesdays 2/15 - 3/22
10:00 a.m. - 11:00 a.m.
\$54 per person
Community Resource Center - Multi-Purpose Room

Bellydancing

Join us for a whole lot of fun as we experience the playful, flowing and shimmering moves and get in some fitness time as well. This 5-week session is suitable for the inexperienced and newer dancer of any adult age and ability. Bellydance is an ancient, ageless form of women's dance that has been modified over centuries and is practiced privately and professionally to this day. It is a gentle form of exercise, is wonderful for social camaraderie and improving body awareness and confidence. Wear comfortable, unrestrained clothing and flexible footwear that allows freedom of movement. Bring your own water bottle to class.

Tuesdays 2/28-3/28
6:00 p.m.-7:00 p.m.
\$39 per person
PEC Big Gym

Community Education Registration is Open!

View the Registration Form on Page 19 or visit
lew-port.coursestorm.com

For more information call (716) 286-7265

Exercise

Intro to Okinawan Karate and Personal Fitness

In this class you will learn basic history of Uechi Ryu Karate Do, work on flexibility, development of a strong core, effective blocks/ strikes for self-defense, and the Sachin Kata. Your instructor has more than 30 years' experience, is a 4th degree black belt who lived and trained in Okinawa and Nagasaki, Japan for over 10 years. Students should wear workout clothing.

Students 14 years old and up may register for this class if a parent/guardian is also registered and attends the same class.

Prerequisite: Medical clearance for physical activity from your doctor

*Wednesdays 2/15-5/10, no class 4/5 & 4/12
6:15 p.m.-7:30 p.m.
\$91 per person
PEC Big Gym*

Tai Chi

Embrace the art of mind, body and spirit! Originally developed for self-defense, tai chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions.

Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements. Tai Chi is a soft martial art done in slow motion. Anyone can do tai chi whether you are 18 or 88, regardless of abilities or disabilities. It was created as self-defense based on balance, it's used today to reduce stress, weight loss, improve balance, and much more! Course will be informal and most importantly fun! Everyone learns at their own pace.

*Mondays 2/13-5/8, no class 2/20, 4/3 and 4/10
6:30 p.m.-7:30 p.m.
\$63 per person
PEC Auditorium*

Women on Weights

Strength workouts to increase your strength, boost your metabolism and jumpstart your weight loss!

Learn the basics of beginning a strength training program safely and efficiently. Strength training has many proven benefits including: improved mental health with reduced stress and anxiety, improved body composition, reduce belly fat, improves metabolism, improved sleep, improved bone health, improved blood sugar control and insulin resistance, reduces your risk of falling, and also reduces LDL cholesterol and blood pressure. With all these amazing benefits waiting for you, why would you not

want to say yes?! You will be walked through the process of learning to lift from A to Z so you can be confident in your new skills and continue this new habit for a lifetime! This is a hands-on strength training course taught by a certified and degreed personal trainer.

Students aged 14 and up are welcome to register when a parent or guardian is also registered and attends the same class.

*Mondays 2/13-3/27, no class 2/20
6:00 p.m.-7:30 p.m.
\$85 per person
MS Weight Room*

Beginner Line Dancing

Line dancing is one of the most fun country dances out there because you can do it anywhere and you do not need a partner! Line dancing is exactly what it sounds like: a group dance in which the dancers stand side-by-side in one or more lines as they perform a series of dance moves in unison. No matter what type of music you choose to dance to, line dancing can be a great workout. Depending on your age and fitness level, you can expect to burn between 300-800 calories per hour line dancing! Come and learn basic line dances to some "cool" country and non-country songs. We will learn dances demonstrated in dance halls across Wester New York, sure to get you out on the dance floor! Please bring a water bottle and dry shoes to class.

Students aged 13 and up are welcome to register when a parent or guardian is also registered and attends the same class.

*Tuesdays 2/28 - 5/9, no class on 4/4 and 4/11
6:30 p.m.-7:30 p.m.
\$60 per person
PEC Small Gym*

Intermediate Line Dancing

After taking beginner line dancing, you will graduate to the challenge of the intermediate line dancing class. This class will teach you more intricate dances that are seen in dance halls across Wester New York and Canada. Be ready for some great exercise! The dances are fun while the music is a variety of country, pop, and alternative. Students are asked to bring a water bottle and dry shoes to class.

Pre-requisite for students is attending the beginner line dancing class or similar experience.

*Tuesdays 2/28 - 5/9, no class on 4/4 and 4/11
7:35 p.m. - 8:35 p.m.
\$60 per person
PEC Small Gym*

Financial

Dave Ramsey Basic Personal Finance Course

Did you know that 70% of Americans live paycheck to paycheck? As one of the richest nations in the world, this isn't the way to live. This course is for anyone who needs foundational knowledge in personal finance and a proven plan on how to implement the knowledge. You will be introduced to Dave Ramsey's (America's Voice on Money) Baby Steps plan, and the basics of how to implement it. We will also run through a budgeting and debt reduction exercise. Students can expect to learn: budgeting/cash flow management, personal financial statements, bank accounts, retirement and investing, insurance, and some estate planning basics.

*Wednesday 5/3
6:00 p.m.-7:00 p.m.
FREE
HS 113*

Prior registration is required, no walk-ins. Mail in or call 286-7265 for registration.

Investment Planning

Join The Financial Guys as they break down the basics of investing. They will explain the three phases of your investing life: Hire, Retire and Expire. Learn how your planning for each affects your future goals and retirement. Pre-registration for this event is required and seating is limited. Please register early to ensure your spot.

*Wednesday 5/3
6:00 p.m. - 7:00 p.m.
FREE
HS 112*

Prior registration is required, no walk-ins. Mail in or call 286-7265 for registration.



Health & Wellness

Medicare 101 Understanding Your Options

Medicare is confusing! What are parts A, B, C and D? When do I have to enroll? What will I pay? What is a Medicare Advantage Plan? What is a Medicare Supplement Plan? What about late enrollment penalties, Extra Help, Epic or Medicare Savings Programs? What kind of plans might work best for me? See how this education will help you understand how the Medicare program works. We will provide a general overview of the variety of Medicare Insurance products that are available to beneficiaries.

Tuesdays 2/21 or 3/21 or 4/18 or 5/9
6:00 p.m. – 7:30 p.m.
FREE

Community Resource Center – Staff Development Room

Prior registration is required. Mail in or call 286-7265 for registration.

Retirement Planning 101

This class is for those who are wondering how to plan for retirement. We will review retirement life stages, cash flow and Taxation and retirement by various accounts, Investments, and how to determine how much you will need to retire.

Wednesday 5/10
6:00 p.m.-7:30 p.m.
Free
HS 106

Prior registration is required. Mail in or call 286-7265 for registration.

Social Security Optimization

Whether you are single, married, widowed or divorced, The Financial Guys, certified social security claiming strategists, will inform you about the many facets of this powerful benefit and empower you to make a decision that's right for you. Make sure you are fully informed when making your claim for your retirement income.

Wednesday 4/19
6:00 p.m. – 7:00 p.m.
FREE
HS 112

Prior registration is required. Mail in or call 286-7265 for registration.



Feeling Sick?

The 5 Biggest Mistakes Women Make in their Weight Loss Journey

Attend this class where the most common mistakes women make in their weight loss efforts will be discussed. Inside the workshop, learn how Foods you're currently eating may be slowing your progress, how to maximize your time exercising so you're wasting hours in the gym, how to starting over every Monday is sabotaging your success, and how to finally break through your barriers and get to your goals. This Workshop is perfect for you if you've been considering a weight loss program but don't know where to start, try programs in the past without success, and lost weight in the past but experienced regain.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Wednesday 2/22
6:00 p.m.-7:00 p.m.
\$19 per person
Community Resource Center – Staff Development Room

Introduction to Meditation

We all want to be happy and lead fulfilled lives. But too often we depend upon our minds to find this happiness and too often we are disappointed. The reason is that we are using the wrong tool for the job. To find true happiness we need to look within, for our hearts hold the answers to find true joy and commitment, not our minds. This is where meditation comes in. By learning how to quiet the mind, we can remove ourselves from the fear the mind creates and open us up to a whole new world of self-discovery and purpose. In this class we will learn the true benefits of the meditative experience as well as experience meditation itself. If you feel frustrated and discouraged in life, this is the class you've been waiting for!

Tuesday 3/7 or Thursday 5/4
6:30 p.m. - 9:00 p.m.
\$32 per person
MS 602



Marvelous Menopause

Learning to understand and manage symptoms so you're not just surviving, but THRIVING in your second act!

Let's face it, the experience of menopause can be a confusing and bumpy process. Join our instructor as she discusses the basics of menopause and helps you to demystify and reframe the process, so you can manage your unique experience more easily. Inside this workshop she will explain what menopause and perimenopause are, the key hormones affecting your personal menopause experience, how to reframe menopause is a positive life stop and reclaim your power in the second act, and how your nutrition is impacting your experience and simple changes can make for improvement. This Workshop is a perfect fit for you if you've entered perimenopause (or might be soon) and you'd like to be armed with knowledge to create your best a menopause journey possible, you're in the woods of menopause and want to gain more control over your experience, you've noticed some of the physical symptoms of menopause (a change in body composition and more abdominal fat) and you'd like to learn how to better manage them, or you're a woman and you're curious about your unique physiology.

Wednesday 3/1
6:00 pm- 7:00 p.m.
\$19 per person
Community Resource Center – Staff Development Room

Why You Overeat and How to Stop

Attend this Workshop and learn what emotional eating (stress eating) is and how you can easily identify the most common causes, the most common triggers that lead to emotional eating and how you can identify them in the moment. Learn how to recognize the deeper causes that leads someone to become an emotional eater, the key to mindful and intentional eating so you're no longer eat emotionally, and the simplest solutions for overcoming emotional eating quickly and easily. This Workshop is perfect for you if you find yourself heading for the nearest bag of Oreos or glass of wine every time you're having a bad day or, you eat because you're bored, sad or lonely. This will help you discover new strategies to stop stress-eating and face your emotions head-on.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Wednesday 5/3
6:00 p.m.-7:00 p.m.
\$19 per person
HS 111

Learning & Leisure

Angels and Spirit Guides and You!

Have you ever wondered about angels? What are they really? Can anyone call upon them? Will they help anyone with any problem? How can someone connect with them? All these questions and more will be addressed in this non-religious, three-hour class. The instructor has been speaking and receiving answers from angels for decades. He will help you to know your angels, archangels and spirit guides better so that you may work more closely with them and experience their love and joy. All your questions about these beings, as well as any related subject matter will be answered. Come join us!

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Thursday 2/23 or Monday 5/8
6:00 p.m. - 9:00 p.m.
\$32 per person

Community Resource Center – ALE room



Defensive Driving Course

This 6-hour point and insurance reduction program reviews safe driving and accident avoidance techniques. Upon completion of this class, drivers are eligible for a 10% reduction in their auto insurance, and up to 4 points removed from their DMV driving record. You may take the class every three years for insurance reduction and every 18 months for Point reduction.

Students aged 16 and up are welcome to register for the evening class when a parent or guardian is also registered and attends the same class.

Monday/Wednesday 3/14 & 3/16
9:30 a.m. - 12:15 p.m.

or
Tuesday/Thursday 5/9 & 5/11
6:00 p.m. - 8:45 p.m.

\$49 per person
Community Resource Center – Alumni Room



Change Your Mind, Improve Your Life

In this class you will be taking an in-depth analysis of how and why your world is the way it is and the correlation between that and your mind. During the presentation in various demonstrations you will learn how to see auras, know how to protect yourself against the negative energy of others, discover your inner blocks to your own happiness, have your energy measured, learn how to send energy to another and what it's like to receive it and most importantly, you will understand how you influence the world around you in a very substantial way! This class is not only informative, but it's fun. Come and join us! (Class formerly titled, Change your Mind, Change Your life)

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Tuesday 3/14 or Thursday 5/11
6:00 p.m. - 9:00 p.m.
\$32 per person

Community Resource Center – ALE Room

Disaster Preparedness 101

Disasters, they happen to everybody everywhere when you least expect it! Are you ready? This one evening class will give you a solid footing to either start the process or check your progress in your preparedness journey. We will cover definitions the fully outline what preparedness is and what it is not. Degrees of disaster, timelines for preparedness, and "areas of life" that need to be taken into consideration.

Students aged 14 and up are welcome to register for the evening class when a parent or guardian is also registered and attends the same class.

Monday 4/24
6:00 p.m.- 9:00 p.m.
\$17 per person
HS 106

Exploring Past Lives

In this seminar, we will discuss the concept of past lives and go into a meditation in which you will have the opportunity to experience one for yourself. The purpose for doing this is to receive help and insights to assist you in your present life. With your permission, the instructor will be able to help you in making sense of your experience. Meditative ability is helpful, but not required.

Tuesday 3/28 or Monday 5/1
6:30 p.m. - 9:00 p.m.
\$32 per person
Community Resource Center – ALE Room

Crystal Wisdom

Do you find yourself fascinated by rocks, stones and crystals? Do you want to learn more about how to benefit from the power within earth's crystals? Crystals harness the vitality of the Earth and carry the vibrations of the Universe. They can support alignment, healing and add beauty to our lives. Come join us as we learn how to work with and use crystal wisdom to enjoy our lives.

Supply fee of \$10 due and payable to the instructor the night of class.

Wednesday 3/15
6:30 p.m.-8:00 p.m.
\$17 per person

Community Resource Center – Staff Development Room

Attention Business Owners and Organizations!

Did You know that the Community Education Department can provide you space for your next workshop, class or meeting? Please call 286-7299, ext. 8237 for more information!

HS - High School • MS - Middle School • IEC - Intermediate Education Center • PEC - Primary Education Center • CRC - Community Resource Center (District Office Building)



Register online at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com

Learning & Leisure

Introduction to Fly Fishing

Join us for an introduction to fly fishing! Topics include equipment, fly rod selection, stream new tactics, safety, basic entomology (bugs), knots, target species information, distinctions and resources. Warm water, cold water and saltwater fly-fishing opportunities will be discussed. Following a practical demonstration, each student will be given an opportunity to learn proper fly casting; the course will include casting instruction and practice. Students are encouraged to bring their own fly rods if they already have one. Loaner rods will be available for students who do not have their own. The course is structured for the beginner or novice angler. The instructor, it's a lifelong Outdoorsman, a former Orvis Fly Fishing instructor and has been fly fishing for over 20 years. The course is 4 hours total two evenings that are two hours each in length. Class size will be limited for more individualized instruction. Early registration is highly recommended.

Students aged 12 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Tuesdays 3/21- 3/28
or
Wednesdays 4/19-4/26
6 p.m. - 8 p.m.
\$45 per person
MS Gym



Intermediate Fly Fishing Tactics

Are you a beginner fly Fisher looking to take your fishing to the next level? Join us for an intermediate-level fly-fishing lecture. Topics include equipment, fly selection, how to rig your flies, situational casting & stream tactics, basic entomology, target species information, and resources. Warm water, cold water and some saltwater fly-fishing opportunities will be discussed. This course is structured for the beginning or novice Angler.

Students aged 12 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

Tuesday 5/2
6 p.m. - 8 p.m.
\$27 per person
MS 703

Introduction to Grant Writing

Grant writing is both an art and science. Funding is available for a wide variety of efforts, from both public and private entities. Writing the grant is only part of the process you will need to understand and learn how to do. In this workshop, you will explore the many facets of successful grant writing skills, techniques, and abilities. You will also learn where and what to search for, and from whom, based on your interests. Come join in and get started!

Wednesdays 4/19-5/3
6:00 p.m. - 9:00 p.m.
\$79 per person
HS 106

Navigating Toxic Relationships

Toxic relationships are a silent epidemic. We all face them in our personal and professional lives. The more you know, the better you will be able to protect your health- mental, emotional and physical. Once you learn to identify them, you can be better prepared to interact. Join us in this very informative evening, and learn tools to navigate toxic environments and rid yourself of a culture of bullying and insidious behavior.

Wednesday 4/19
6:00 p.m.-8:00 p.m.
\$11 per person
MS Library

Numerology

Spend an evening playing with numbers! We'll explore numerology, learning about its uses and how to apply it in life as a self-empowerment tool. In class we will learn simple calculations that reveal patterns and qualities that bring insight to your gifts, talents, and abilities. You'll discover how numbers can indicate life challenges as

well as your soul's destiny. We'll calculate our personal year numbers for 2023 and cover the mystery and meaning behind observation of repeating numbers in everyday life. Students please bring a calculator, paper and pen to class.

Wednesday 2/15
6:30 p.m.-8:00 p.m.
\$17 per person
Community Resource Center - ALE Room



Music

Guitar - Beginner Level for Adults

If you have always wanted to play guitar, now's the time because it's never too late to learn something new! Learn basic songs, how to read music and play cords. This class is geared for the beginner aged 18 and up. All are encouraged to attend this comprehensive 8-week class for self-enrichment. Please bring a guitar to class. NO classical or bass guitars. If you are bringing an electric guitar, bring a small amp with you. If you are left-handed, please be advised you will be taught in right-handed position only.

A book fee of \$20 is due and payable to the instructor the first night of class. Tuesdays

3/14-5/16, no class 4/4 & 4/11
6:00 p.m.-6:45p.m.
\$118 per person
MS 414



Guitar Level 2 Intermediate

This class will have you playing songs and learning advanced cord progression, scales, and different styles of playing your guitar. We will focus on keys, major and minor, and learn how to write your own song. This class is a must for all guitar players! NO classical or bass guitars. If you are using an electric guitar, have a small amp with you. If you are left-handed, please be advised you will be taught in right-handed position only. Prerequisite is a beginner guitar class or playing a guitar for a minimum of one year.

Tuesdays 3/14-5/16, no class 4/4 & 4/11
7:00 p.m. - 7:45 p.m.
\$118 per person
MS 414



Technology

Beginning Computers

Join us, and together we will learn basic computer use. This class is designed for the beginner. You will learn how to use Windows, copy and paste, selecting and highlighting, reading QR codes, following links, keyboard skills, basic emailing with text editing, and downloading.

Wednesdays 3/15-3/29
10:00 a.m.-noon
\$59 per person
Community Resource Center –
Staff Development Room

Understanding Your Smartphone

Set yourself free from calling your friends and family with smartphone questions! If you find yourself doing this, then this is the class for you! Tips for all smartphone users, Androids, and iPhones. Learn the essentials for using the devices and what they have to offer. In this class, we will cover some useful apps and getting notifications on your phone. Questions will be answered throughout this three-session class.

Wednesdays 4/26 – 5/10
10:00 a.m. – noon
\$59 per person
Community Resource Center –
Staff Development Room

**We warmly welcome residents
of other school districts
to attend our classes.**

**Come see
what Lew-Port has to offer!**



Early Bird CLASSES

Gemstone and Lava Bead Bracelet

Learn how to make a professional-quality stretch bracelet of your choice, from one of WNY premier jewelry design companies. Your design will include authentic semi-precious gemstones, stainless steel components and charms. This unique design utilizes lava beads that hold essential oil. Because of this, you will also have the opportunity to mix your own oil blend! As a bonus, a pair of matching earrings is included.

A supply fee of \$20 is due to the instructor the day of class.

Thursday 2/16
9:00 a.m.-11:00 a.m.
or
Thursday 4/20
9:00 a.m.-11:00 a.m.
\$19 per person
Community Resource Center – Alumni Rom

Beginning Yoga

Beginning yoga is appropriate for students of all levels from brand new beginners to students who wish to slow down and move with breath. This course will focus on exploring body alignment and breathing, while understanding the body and mind connection. Each pose will be taught from the bottom up with proper positioning. Yoga is for everyone and is very beneficial to people of all ages and fitness levels.

This class will be a supportive environment to focus on balance, range of motion and relaxation. Everyone is welcome! Please bring a yoga mat and towel to class.

Wednesdays 2/15 – 3/22
10:00 a.m. – 11:00 a.m.
\$54 per person
Community Resource Center – Multi-Purpose Room

Defensive Driving Course

This 6-hour point and insurance reduction program reviews safe driving and accident avoidance techniques. Upon completion of this class, drivers are eligible for a 10% reduction in their auto insurance, and up to 4 points removed from their DMV driving record. You may take the class every three years for insurance reduction and every 18 months for Point reduction.

Students aged 16 and up are welcome to register for the evening class when a parent or guardian is also registered and attends the same class.

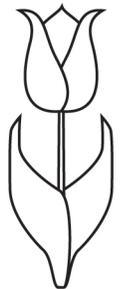
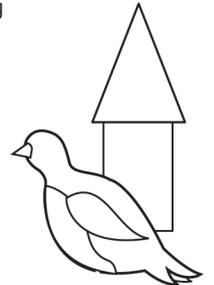
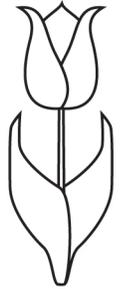
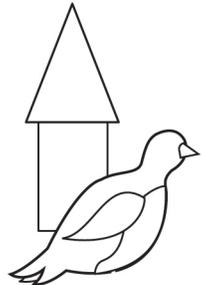
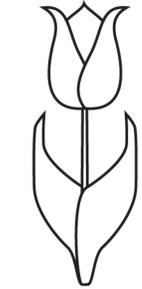
Monday/Wednesday 3/14 & 3/16
9:30 a.m. - 12:15 p.m.
\$49 per person
Community Resource Center – Alumni Room

Wire Wrapped Cabochon Pendant

Learn how to wrap undrilled cabochons into elegant jewelry, decorative ornaments and beautiful keepsakes for yourself or your loved ones. This class is designed to teach you how to wrap hand cut stones into pendants using only wires, no soldering or glue. You can use this technique to transform any stone or found items into beautiful keepsakes to be treasured and cherished. You will leave class with an elegantly finished pendant. Tools and supplies will be provided at the class.

A Supply fee of \$20 per person is due and payable to the instructor the day of class.

Thursday 3/30
10:00 a.m.-noon
\$19 per person
Community Resource Center – Staff Development Room



Test Prep & Certifications

4-Hour ACT Boot Camp

Get a jump start on your ACT test preparation! This in person class introduces students to the ACT test. Course includes: test-taking strategies, testing information, study materials and free simulated ACT test. (2023 ACT test dates are: 2/11,4/1 and 6/10)

Students are welcome to bring a snack to class.

*Tuesday/Thursday 3/28 & 3/30
6:00 p.m. - 8:00 p.m.
\$77 per person
HS 113*

4-Hour SAT Boot Camp

Get a jumpstart on your SAT test preparation! This course introduces students to the SAT test with emphasis on test-taking strategies, testing information, how to best prepare for the SAT test and practice questions in each subject. (2023 SAT test dates 3/11, 5/6, and 6/3)

Students are welcome to bring a snack to class.

*Monday/Wednesday 3/6 & 3/8
6:00 p.m. - 8:00 p.m.
\$77 per person
HS 113*

9-Hour SAT Prep Course

This course offers an in-depth study of the SAT test. Course includes: test taking strategies, test information, online workbook/study materials and a free simulated SAT test. (2023 SAT test dates 3/11, 5/6, and 6/3)

Students are welcome to bring a snack to class.

*Tuesday/Thursday/Tuesday 4/25-5/2
6:00 p.m. - 9:00 p.m.
\$144 per person
HS 113*

Writing the College Application Essay

Do you want to submit a college application essay that will really hit home with the admission's office at the college of your choice? Learn all the fundamentals of a winning essay as well as proven strategies.

You will begin to write the college application essay during the class and leave with a confidence and knowledge to complete the process on your own.

*Tuesday 5/9
6:00 p.m. - 8:30 p.m.
\$75 per person
HS 113*



Adult CPR-AED

Learn the skills of CPR, including rescue breathing using a barrier device. By taking this class, you will also be instructed on how to use an AED or Automated External Defibrillator. Learn skills and information that will be need to assist a person whose heart has stopped beating properly, or who is not breathing. Emergency Care Safety Institute CPR cards will be sent to the student's personal email upon completion of the course and test.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

*Monday 2/27 or 3/20 or 4/17
6:00 p.m. - 9:00 p.m.
\$48 per person
HS Library*



Stop the Bleed

With three quick actions, you can be trained to save a life. The number one cause of preventable death after injury is bleeding. That's why you should know how to STOP THE BLEED. Students will learn how to control bleeding through the use of direct pressure, bandaging and the use of tourniquets.

Certificates will be sent by email the day after class is completed.

Students aged 14 and up are welcome to register for this class when a parent or guardian is also registered and attends the same class.

*Monday 3/13 or 4/17 or 5/15
6:00 p.m.- 8:00 p.m.
\$49 per person
HS 111*



Attention Business Owners and Organizations!

Did You know that the Community Education Department can provide you space for your next workshop, class or meeting?

Please call 286-7265, ext. 8237 for more information!

Spanish For The Elementary Years



Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-5 student to learn the Spanish language.

This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Spanish Club class previously, new vocabulary is introduced with each session - never a repeat. Class is open to new and returning students! Join the fun! Program is offered at dismissal at each of the schools below. Class fee is \$82. If you have any questions, contact The Enrichment Company at 1-833-436-7424.

New sessions at the PEC start 2/15 and 4/26. New IEC classes begin 2/16 and 4/27.

REGISTER ON LINE AT: www.TheEnrichmentCompany.com (Form can also be downloaded and mailed directly to The Enrichment Company - *Do not send registration to schools)

Community Education Registration is Open!

View the Registration Form on Page 19

or visit

lew-port.coursestorm.com

For more information call (716) 286-7265

Community Education Policies

ENROLLMENT

Class registration is on a first-come basis. We welcome anyone 18 years of age or older (exemptions are given from some instructors and listed in the class description.) to enroll in our Community Education Program. The enrollment deadline is one week prior to the start of class. Our program is open to the entire community; we encourage residents of other districts to enroll in our classes.

By Mail: Mail your completed form, including payment (check or money order), made payable to: Lewiston-Porter Central School District. Mail to: Lewiston-Porter Community Education Dept., 4061 Creek Road, Youngstown NY 14174. Please be aware there is a \$35 fee for returned checks.

In Person: 9 a.m. - 3 p.m. Monday - Friday, when school is in session, at the Lewiston-Porter Administrative Office, 4061 Creek Rd., Youngstown, NY 14174. Registration is on-going and accepted all semester.

Online: Registration is available for our classes at <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com. Our third-party processing company will assess a \$1.99 non-refundable fee to each class registration.

We do not allow walk-in registrations at the class locations.

REFUND POLICY

Requests for refunds must be made in person or in writing and received no later than five (5) school business days prior to the start of class. Weekends and days that the school is closed are not considered business days. Make requests to the Lewiston-Porter CSD Community Education Dept., 4061 Creek Road, Youngstown, NY 14174. There will be a \$7 processing fee applied to all refunds by the district. Please note that refund checks are issued twice a month by our business office. In addition, if you registered online and paid by credit card through our third-party provider, a \$1.99 fee per class will be assessed by them and deducted from your total amount due. Refunds are based on the class status on the date in which you cancel, in accordance with the refund policy deadlines outlined. A class status change on a future date, will not result in an additional refund.

Classes are held based on a minimum enrollment of students registered for a class. As such, NO REFUNDS will be issued past the deadlines stated above. We regret that no exceptions can be made to this policy due to life events, illness (including COVID 19 illness, quarantines, and mask & distancing policies), personal or business conflicts that would cause you to cancel.

CANCELLATIONS

If the minimum enrollment is not met for a class to be held, you will be notified by phone or email within three business days of the class start date. You will be refunded for any class cancellations in full.

Emergency closings due to weather or otherwise will be announced on local radio/TV stations. If the school district is closed, then all evening activities on that day will be canceled.

INSTRUCTIONAL STAFF

Our instructors are here to share with you a skill, talent or expertise that they possess. The opinions shared by the instructors are not necessarily the opinions of the Lewiston-Porter Central School District. Instructors are not required to be a certified teachers, although many have certifications in their own fields of expertise.

SCHOOL RULES

You must abide by school rules while on campus, and that includes a strict no smoking or e-cig/vaping policy. You will be asked to leave the campus, and we may remove you from enrollment for that semester. All NYS COVID mandates and policies must be followed at all times while on school property. Masks must be worn at all times.

CHILD POLICY

Many of our instructors have opened their classes up for underage children to register for classes when a parent/guardian is registered and attends the same class. Children must be in the care and direct supervision of their parents/guardian at all times, this includes all areas of the school and the classroom they are receiving instruction in. At no time shall children be on district property if not registered in a class. Parents/guardians are also responsible for the behavior of their children at all times during instruction. Failure to abide by this policy will result in the removal of all parties involved from our program. There will be no refunds given in the event that this policy is enforced.



**LEWISTON-PORTER COMMUNITY EDUCATION
SPRING 2023 REGISTRATION FORM**

Registration

Please Print

First Name:	Last Name:	
Street Address:		
City:	State:	Zip:
Student Email:	Contact Phone:	

**** Please fill out a separate form for students who are attending a class with an adult/guardian, where applicable. Please submit forms together.**

**By Mail: Please Mail your check or money order to: Lewiston-Porter CSD Community Education Dept., 4061 Creek Rd., Youngstown, NY 14174
Online: Visit <https://lew-port.coursestorm.com/> or lew-port.coursestorm.com to register online. *Please note that service fees apply.**

Course Name	Date Course Begins	Class Fee	Total
1.		\$	\$
2.		\$	\$
3.		\$	\$
4.		\$	\$
5.		\$	\$
Please include your payment made payable to: Lewiston-Porter CSD			Total Due \$

I have read and will abide by the policies of the Lewiston-Porter CSD Community Education Program. I fully understand the policies, procedures and deadlines outlined on page 18. I also acknowledge that I am 18 years old or more.

Signature _____ Date _____

WAIVER AND RELEASE OF ALL CLAIMS

This agreement is between _____ and the Lewiston-Porter Central School District (including the Lewiston-Porter Central School District Community Education Program, its Community Education Coordinator, its Community Education instructors, and other related members, agents, authorized guests, and affiliated organizations.)

The participant will be participating in the following Community Education activities and/or classes: _____

I hereby state that _____ does not have any ailments or physical condition that would prevent or inhibit me/him/her from fully participating in the specified activities and/or classes. I understand that there is a risk of injury inherent in the foregoing community education classes and/or activities. I hereby accept and assume all risks inherent in the specified Community Education classes and/or activities. I undertake this activity at my own risk. I voluntarily assume full responsibility for any losses, property damage, or personal injuries sustained in the specified activities and/or classes. I further agree to hold harmless and indemnify the Lewiston-Porter Central School District from any and all claims, demands, actions and costs that might arise out of participation in the specified activities and/or classes.

In consideration for the opportunity to participate in the Lewiston-Porter Central School District Community Education Program, to the maximum extent permitted by law, I hereby release the Lewiston-Porter Central School District, its Board of Education members (in their official and unofficial capacities), its employees, and its volunteers from any and all liability, claims, costs, expenses, attorney fees, demands, actions, and causes of action, whatsoever, arising out of or related to any losses, damages, or injuries (including death) that may be sustained during participation in the Lewiston-Porter Central School District Community Education Program or while on the premises of where the classes and/or activities are conducted.

I further agree that the Lewiston-porter Central School District will not be liable to me for any damages, losses, personal injury or property damage, caused by or resulting from any cause whatsoever, including but not limited to the negligence of the Lewiston-Porter Central School District, the Lewiston Porter Central School District Community Education Program, its Community Education Coordinator, its Community Education instructors, or other related members, agents, authorized guests, or affiliated organizations.

Printed Name of Participant _____

Signature _____

(If participant is under the age of 18 years, parents/guardian's signature name)

Address _____

PhoneNumber _____ Date _____



Lewiston Porter CSD
4061 Creek Road
Youngstown, NY 14174
(716) 754-8281

Pre-Sorted STD
US POSTAGE PAID
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Organization**
Permit NO. 25
Lewiston, NY 14092

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ECRWSS
Resident

Are you a hobbyist, instructor or expert in your field?

The Lewiston-Porter Community Education Department is currently recruiting instructors for our Spring 2023 Program. Please email Anita Muzzi at amuzzi@lew-port.com for information on becoming part of our exciting team!

***We warmly welcome residents
of other school districts
to attend our classes.***

***Come see
what Lew-Port has to offer!***